

# RIGHTS TITLES

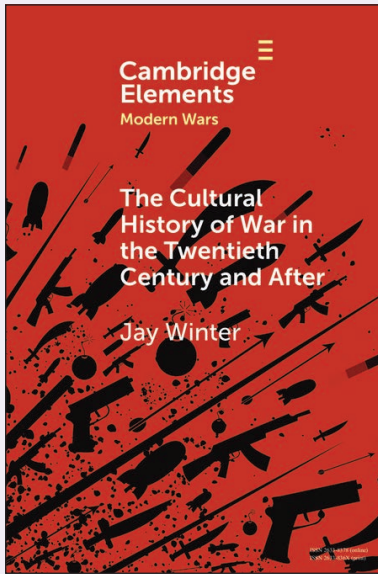
AUTUMN | 2022



CAMBRIDGE  
UNIVERSITY PRESS

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June 2022

229 x 152 mm c.75pp

978-1-00-911427-1 Paperback

£15.00 / US\$20.00

## THE CULTURAL HISTORY OF WAR IN THE TWENTIETH CENTURY AND AFTER

Jay Winter

Yale University, Connecticut

This Element is a user's guide to the cultural history of warfare since 1914. It provides summaries of the basic questions historians have posed in what is now a truly global field of research. It is divided into three parts. The first provides an introduction to the cultural history of the state, focusing on the institutions of violence, both political and military, as well as introducing the key concept of the civilianization of war. The second part addresses civil society at war. It asks the question as to how do men and women try to make sense and attach meaning to the violence and cruelty of war. It also explores commemoration, religious life, humanitarianism, painting, cinema and the visual arts, and war literature and testimony. The third part explores the family, gender and migration in wartime, and shows how modern war continues to transform the world in which we live today.

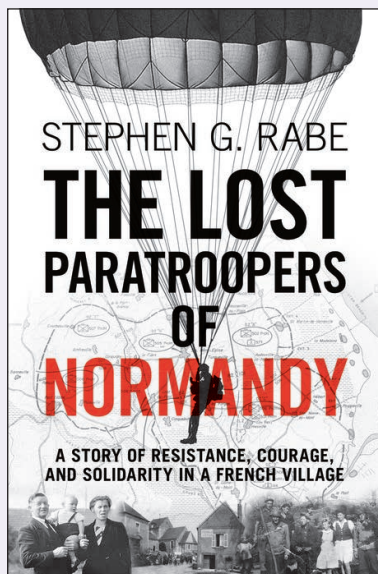
### CONTENTS

Introduction: Making Sense of War; 1. Political culture; 2. Military culture; 3. The civilianization of war; 4. War and Peace; 5. Commemoration; 6. Religious life and war; 7. Humanitarianism; 8. The Visual arts; 9. Prose, poetry and the voice of the witness; 10. Families at war; 11. The Double helix; 12. Flight; Conclusion.

### ADDITIONAL INFORMATION

*Level:* Academic researchers, graduate students

*Series:* [Elements in Modern Wars](#)



September 2022

229 x 152 mm 262pp

978-1-00-920637-2 Hardback

£20.00 / US\$24.95

## THE LOST PARATROOPERS OF NORMANDY

*A Story of Resistance, Courage, and Solidarity in a French Village*

Stephen G. Rabe, University of Texas, Dallas

The fateful days and weeks surrounding 6 June 1944 have been extensively documented in histories of the Second World War, but less attention has been paid to the tremendous impact of these events on the populations nearby.

*The Lost Paratroopers of Normandy* tells the inspiring yet heartbreaking story of ordinary people who did extraordinary things in defense of liberty and freedom. On D-Day, when transport planes dropped paratroopers from the 82nd and 101st Airborne Divisions hopelessly off-target into marshy waters in northwestern France, the 900 villagers of Graignes welcomed them with open arms. These villagers – predominantly women – provided food, gathered intelligence, and navigated the floods to retrieve the paratroopers' equipment at great risk to themselves. When the attack by German forces on 11 June forced the overwhelmed paratroopers to withdraw, many made it to safety thanks to the help and resistance of the villagers. In this moving book, historian Stephen G. Rabe, son of one of the paratroopers, meticulously documents the forgotten lives of those who participated in this integral part of D-Day history.

### KEY FEATURES

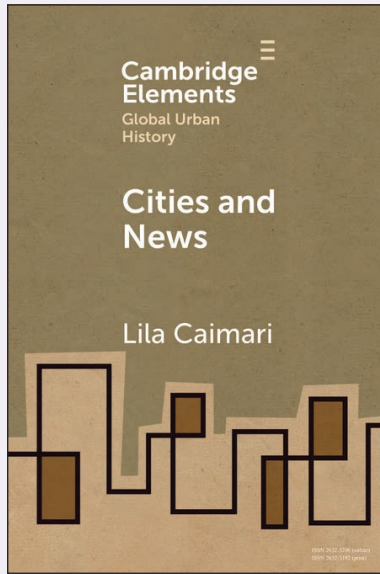
- Inspired by his own father's experience, Rabe sheds light on a compelling yet forgotten part of D-Day history
- Expertly researched in interviews with paratrooper veterans and the citizens of Graignes, Rabe tells the story of how ordinary people did extraordinary things in defense of liberty
- First person accounts highlight the integral role local women played in harboring allied forces
- Provides unique insight into the effect of war on civilian populations

### CONTENTS

Introduction; 1. Paratrooper; 2. Overseas; 3. Occupied France; 4. Liberators and friends; 5. Days of friendship, hope, and waiting; 6. The longest day in Graignes; 7. Escape, exile, and annihilation; 8. Graignes in historical memory; Afterword.

### ADDITIONAL INFORMATION

*Level:* Graduate students, undergraduate students



**March 2022**

229 x 152 mm c.75pp

978-1-108-82380-7 Paperback

£15.00 / US\$20.00

## CITIES AND NEWS

Lila Caimari

CONICET

This Element examines urban imaginaries during the expansion of international news between the late nineteenth and the early twentieth centuries, when everyday information about faraway places found its way into newspapers all over the world. Building on the premise that news carried an unprecedented power to shape representations of the world, it follows this development as it made its way to regular readers beyond the dominant information poles, in the great port-cities of the South American Atlantic. Based on five case studies of typical turn-of-the-century foreign news, Lila Caimari shows how current events opened windows onto distant cities, feeding a new world horizon that was at once wider and eminently urban.

### CONTENTS

1. Cityscapes in the Age of Global News;
2. News of the World;
3. The News-City;
4. The World that News Created.

### ADDITIONAL INFORMATION

*Level:* Academic researchers, graduate students

*Series:* [Elements in Global Urban History](#)



## *She Is* WEEPING

An Intellectual History of  
Racialized Slavery and Emotions  
in the Atlantic World



DANNELLE GUTARRA CORDERO

**November 2021**

229 x 152 mm 288pp

978-1-316-51220-3 Hardback

£29.99 / US\$39.99

## SHE IS WEEPING

*An Intellectual History of Racialized Slavery and Emotions in the Atlantic World*

**Dannelle Gutarra Cordero**

Princeton University, New Jersey

Dannelle Gutarra Cordero's expansive study incorporates writers, cultural figures and intellectuals from antiquity to the present day to analyze how discourses on emotion serve to create and maintain White supremacy and racism. Throughout history, scientific theories have played a vital role in the accumulation of power over colonized and racialized people. Scientific intellectual discourses on race, gender, and sexuality characterized Blackness as emotionally distinct in both deficiency and excess, a contrast with the emotional benevolence accorded to Whiteness. Ideas on racialized emotions have simultaneously driven the development of devastating body politics by enslaving structures of power. Bold and thought provoking, *She Is Weeping* provides a new understanding of racialized emotions in the Atlantic World, and how these discourses proved instrumental to the rise of slavery and racial capitalism, racialized sexual violence, and the expansion of the carceral state.

### KEY FEATURES

- Offers a new understanding of the rise, expansion and perpetuation of slavery
- Analyzes a diverse selection of sources on enslavement, ranging from antiquity to the present day
- Bridges the gap between the intellectual history of emotions and the histories of empire and enslavement in the Atlantic World

### CONTENTS

1. The emotional foundations of racialized slavery; 2. Scientific racism and emotional difference; 3. Atlantic slavery and its passionate transgressions; 4. The 'abolition' of an economic apparatus of feelings; 5. The racialization of emotions in contemporary slavery; Bibliography.

### ADDITIONAL INFORMATION

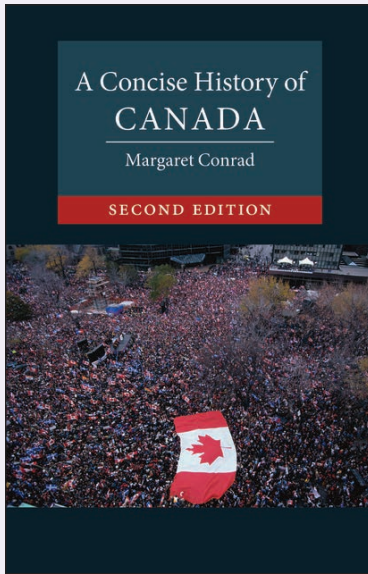
*Level:* Academic researchers, graduate students, undergraduate students

## A CONCISE HISTORY OF CANADA

Second edition

**Margaret Conrad**

University of New Brunswick



**August 2022**

216 x 138 mm 556pp

978-1-108-73637-4 Paperback

£22.99 / US\$29.99

Margaret Conrad's history of Canada explains what makes up this diverse, complex, and often contested nation-state. Beginning in Canada's deep past with the arrival of its Indigenous peoples, she traces its history through the conquest by Europeans, the American Revolutionary War, and Confederation in the nineteenth century to its prosperous present. This impressive second edition has expanded by 20 percent, including revised chapters and an insightful analysis of the fraught relationship between Justin Trudeau and Donald Trump. As a social historian, Conrad emphasizes the relationships between Indigenous peoples and settlers, French and English, Catholic and Protestant, men and women, rich and poor. It is this grounded approach that drives the narrative and makes for compelling reading. Despite its successes and its popularity as a destination for immigrants from across the world, Canada remains a cautious and contested country. This thorough yet concise new edition explains why.

### KEY FEATURES

- Incorporates the most recent academic research on Canada's long history
- Offers insight into how class, culture, ethnicity, economic values, gender and regional divisions shaped Canada's past and present
- Brings the narrative to the 2019 election, which serves as a prism for understanding the forces challenging the nation state

### CONTENTS

Introduction: a cautious country;

1. Since time immemorial; 2. Natives and newcomers, 1000–1661; 3. New France, 1661–1744; 4. The struggle for a continent, 1744–1763; 5. A revolutionary age, 1763–1815; 6. The great northwest, 1763–1849; 7. Transatlantic communities, 1815–1849; 8. Coming together, 1849–1885; 9. Making progress, 1885–1914; 10. Hanging on, 1914–1945; 11. Liberalism ascendant, 1945–1984; 12. Anxious times, 1984–2015; 13. Where are We Now?

### ADDITIONAL INFORMATION

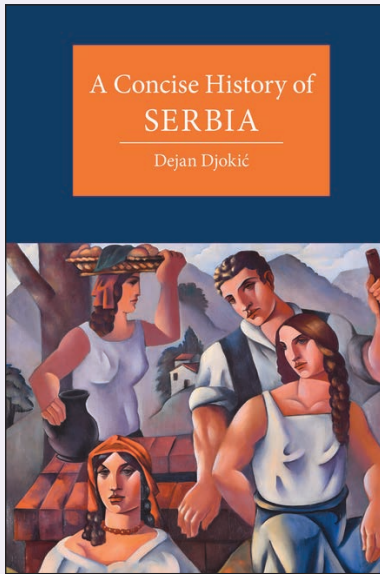
*Level:* Undergraduate students, general readers, graduate students

*Series:* [Cambridge Concise Histories](#)

## A CONCISE HISTORY OF SERBIA

Dejan Djokic

Goldsmiths, University of London



December 2022

216 x 140 mm 542pp

978-1-107-02838-8 Hardback

£79.99 / US\$105.00

This accessible and engaging book covers the full span of Serbia's history, from the sixth-century Slav migrations up to the present day. It traces key developments surrounding the medieval and modern polities associated with Serbs, revealing a fascinating history of entanglements and communication between southeastern and wider Europe, sometimes with global implications. This is a history of Serb states, institutions, and societies, which also gives voice to individual experiences in an attempt to understand how the events described impacted the people who lived through them. Although no real continuity between the pre-modern and modern periods exists, Dejan Djokic draws out several common themes, including: migrations; the Serbs' relations with neighbouring empires and peoples; Serbia as a society formed in the imperial borderlands; and the polycentricity of Serbia. The volume also highlights the surprising vitality of Serb identity, and how it has survived in different incarnations over the centuries through reinvention.

### KEY FEATURES

- The first single volume history of Serbia and Serbs from the early Middle Ages to the present day in any language
- Makes the long and complex history of Serbia accessible to a wide readership
- Places Serbia in regional and transnational contexts, and as part of the broader history of Europe

### CONTENTS

Introduction;

1. Migration (up to c1150); 2. Empire (c1170–1459); 3. Borderland (1450–1800); 4. Revolution (1788–1858); 5. Independence (1860–1914); 6. War and interwar (1914–1944); 7. Federation to fragmentation (1945–1991); 8. Ruin and recovery (after 1991); Further reading; Index.

### ADDITIONAL INFORMATION

*Level:* Undergraduate students, graduate students

*Series:* [Cambridge Concise Histories](#)



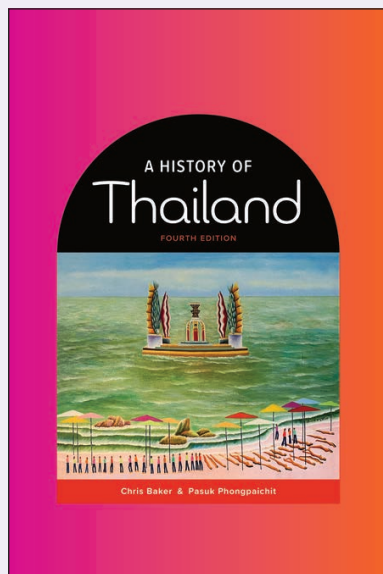
## A HISTORY OF THAILAND

Fourth edition

Chris Baker

Pasuk Phongpaichit

Chulalongkorn University, Thailand



August 2022

229 x 152 mm c.356pp

978-1-00-901483-0 Paperback

£22.99 / US\$29.99

Since it was first published in 2005, *A History of Thailand* has been hailed as an authoritative, lively and readable account of Thailand's political, economic, social and cultural history. From the early settlements in the Chao Phraya basin to today, Baker and Phongpaichit trace how a world of mandarin nobles and unfree peasants was transformed by colonialism, the expansion of the rice frontier and the immigration of traders and labourers from southern China. This book examines how the monarchy managed the foundation of a new nation&#8208;state at the end of the nineteenth century, and how urban nationalists, ambitious generals, communist rebels and business politicians competed to take control through the twentieth century. It tracks Thailand's economic changes, globalisation and the evolution of mass society, and draws on popular culture to dramatize social trends. This edition contains a new chapter on Thailand's turbulent politics since 2006 and incorporates new sources and research throughout.

### KEY FEATURES

- A lively and accessible account of Thailand's political, economic, social and cultural history
- This edition incorporates updated sources and research covering Thailand's major political events from 2006 to 2021
- Award winning authors Chris Baker and Pasuk Phongpaichit are experts in the field of Thai history

### NEW TO THIS EDITION

Revised chapter 9, new chapter 10

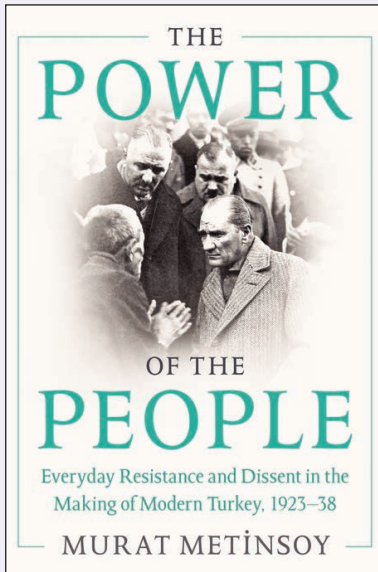
### CONTENTS

1. Before Bangkok; 2. The old order in transition, 1760s to 1860s; 3. Reforms, 1850s to 1910s; 4. Peasants, merchants, and officials, 1870s to 1930s; 5. Nationalisms, 1910s to 1940s; 6. The American era and development, 1940s to 1960s; 7. Ideologies, 1940s to 1970s; 8. Globalisation and mass society, 1970s to 2000s; 9. Politics contested, 1970s to 2000s; 10. Troubles, 2005 to 2021; Postscript: Thailand's future.

### ADDITIONAL INFORMATION

*Level:* General readers, undergraduate students

Thai rights  
unavailable



November 2021

229 x 152 mm 416pp

978-1-316-51546-4 Hardback

£29.99 / US\$39.99

## THE POWER OF THE PEOPLE

*Everyday Resistance and Dissent in the Making of Modern Turkey, 1923-38*

**Murat Metinsoy**

Istanbul University

Following the collapse of the Ottoman Empire and the founding of the Republic in 1923 under the rule of Atatürk and his Republican People's Party, Turkey embarked on extensive social, economic, cultural and administrative modernization programs which would lay the foundations for modern day Turkey. *The Power of the People* shows that the ordinary people shaped the social and political change of Turkey as much as Atatürk's strong spurt of modernization. Adopting a broader conception of politics, focusing on daily interactions between the state and society and using untapped archival sources, Murat Metinsoy reveals how rural and urban people coped with the state policies, local oppression, exploitation, and adverse conditions wrought by the Great Depression through diverse everyday survival and resistance strategies. Showing how the people's daily practices and beliefs survived and outweighed the modernizing elite's projects, this book gives new insights into the social and historical origins of Turkey's backslide to conservative and Islamist politics, demonstrating that the making of modern Turkey was an outcome of intersection between the modernization and the people's responses to it.

### KEY FEATURES

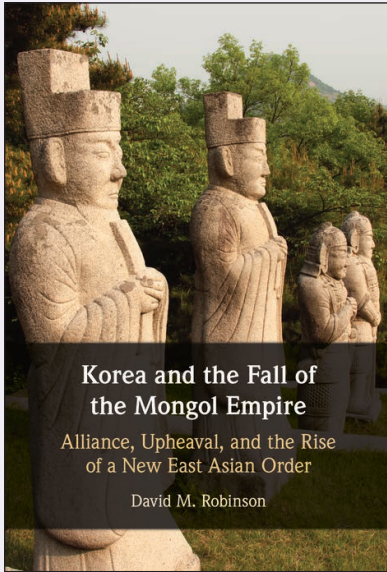
- A new interpretation of the foundation of modern Turkey exploring the social dynamics of Turkish history and politics
- Demonstrates how the ordinary people, whose daily practices and beliefs survived and outweighed the modernizing elite's projects, shaped modern day Turkey
- Offers new insights into the social and historical origins of Turkey's current backslide to conservative and Islamist politics

### CONTENTS

Introduction. Toward an infrahistory of Republican Turkey;  
 Part I. Everyday Politics of Peasants: 1. The price of the Republic for the peasants; 2. Raising voice and rural discontent; 3. Resisting the agricultural taxes; 4. Social smuggling: resistance to the monopolies; 5. Theft, violence and banditry; Concluding remarks;  
 Part II. Everyday Politics of Urban Labor: 6. The price of the republic for the working class; 7. Labor discontent; 8. Survival struggles and everyday resistance; 9. Violence, protests and walkouts; Concluding remarks; Part III: The Power of Popular Culture: 10. Hotbeds of opposition to secularism: mosques, coffehouses and homes; 11. Informal media vs. official discourse: word of mouth, rumors and placards; 14. Neither fez, nor hat: contesting the hat reform; 13. Negotiating anti-veiling campaigns; 15. Old habits die hard: tenacity of old lifestyles in new times; Concluding remarks; Epilogue. Infrastructure of Turkey's modernization; Bibliography.

### ADDITIONAL INFORMATION

*Level:* Undergraduate students, graduate students, academic researchers



## Korea and the Fall of the Mongol Empire

Alliance, Upheaval, and the Rise of a New East Asian Order

David M. Robinson

March 2022

229 x 152 mm c.327pp

978-1-00-909896-0 Hardback

£75.00 / US\$99.99

## KOREA AND THE FALL OF THE MONGOL EMPIRE

*Alliance, Upheaval, and the Rise of a New East Asian Order*

David M. Robinson

Colgate University, New York

*Korea and the Fall of the Mongol Empire* explores the experiences of the enigmatic and controversial King Gongmin of Goryeo, Wang Gi, as he navigated the upheavals of the mid-fourteenth century, including the collapse of the Mongol Empire and the rise of its successors in West, Central, and East Asia. Drawing on a wealth of Korean and Chinese sources and integrating East Asian and Western scholarship on the topic, David Robinson considers the single greatest geopolitical transformation of the fourteenth century through the experiences of this one East Asian ruler. He focuses on the motives of Wang Gi, rather than the major contemporary powers, to understand the rise and fall of empire, offering a fresh perspective on this period of history. The result is a more nuanced and accessible appreciation of Korean, Mongolian, and Chinese history, which sharpens our understanding of alliances across Eurasia.

### KEY FEATURES

- Looks at the fall of the Mongol empire from the perspective of Korea
- Makes this place and time accessible to readers without specialized knowledge of fourteenth-century East Asian history
- An engaging, revisionist new contribution to East Asian/Eurasian history

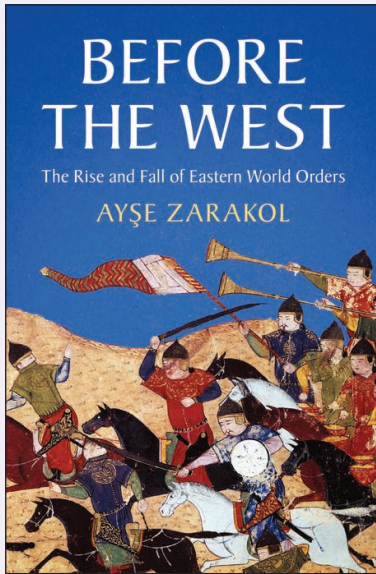
### CONTENTS

Introduction;

1. Child of Empire: 1330–1341;
2. Decade at the Yuan Court: 1341–1351;
3. The Goryeo Dynasty on the Eve of Wang Gi's Enthronement: 1341–1351;
4. Becoming the Goryeo King: 1351–1353;
5. Ally in Collapse: 1354–1355;
6. Redefining Allegiance: The Summer of 1356;
7. A Tipping Point: 1357–1367;
8. Choosing a New Lord: 1368–1370;
9. A New Age: 1370–1374; Conclusion.

### ADDITIONAL INFORMATION

*Level:* Academic researchers, graduate students



March 2022

229 x 152 mm c.300pp

4 b/w illus. 3 maps

978-1-108-97167-6 Paperback

£24.99 / US\$34.99

## BEFORE THE WEST

*The Rise and Fall of Eastern World Orders*

Ayşe Zarakol

University of Cambridge

How would the history of international relations in ‘the East’ be written if we did not always read the ending – the Rise of the West and the decline of the East – into the past? What if we did not assume that Asia was just a residual category, a variant of ‘not-Europe’, but saw it as a space of with its own particular history and sociopolitical dynamics, not defined only by encounters with European colonialism? How would our understanding of sovereignty, as well as our theories about the causes of the decline of Great Powers and international orders, change as a result? For the first time, *Before the West* offers a grand narrative of (Eur)Asia as a space connected by normatively and institutionally overlapping successive world orders originating from the Mongol Empire. It also uses that history to rethink the foundational concepts and debates of international relations, such as order and decline.

### KEY FEATURES

- Provides a comprehensive and connected history of Asian/ Eurasian international relations between the thirteenth and seventeenth centuries
- Reconceptualises foundational terms in IR (and cognate social sciences) such as sovereignty, centralisation, international order
- Makes a timely intervention to debates about global crises (e.g. on the decline of the liberal international order, power transition between US and China, political effects of climate change etc.) by disrupting conventionally Eurocentric historical accounts and offering a wider historical universe for IR to draw examples from

### CONTENTS

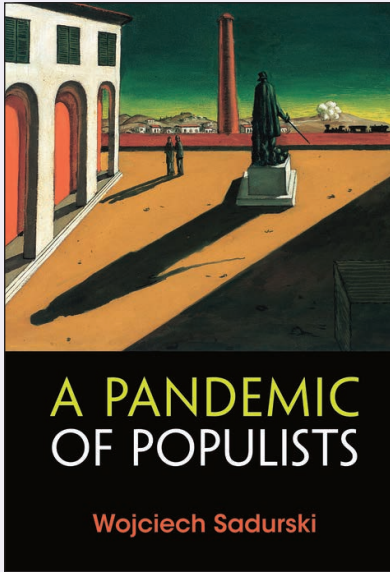
1. What Is the East?; Part I. Cihannüma: 2. Making the East: Chinggisid World Orders; 3. Dividing the East: Post-Chinggisid World Orders; 4. Expanding the East: Post-Timurid World Orders; 5. How the East made the world: Eurasia and beyond; Part II. Lessons of History: 6. Rise and fall of Eastern World Orders; 7. Uses and abuses of macro-history in international relations.

### ADDITIONAL INFORMATION

*Level:* Graduate students, academic researchers

*Series:* [LSE International Studies](#)





July 2022

229 x 152 mm c.212pp

978-1-00-922450-5 Hardback

£69.99 / US\$89.99

## A PANDEMIC OF POPULISTS

Wojciech Sadurski

University of Sydney

Over the last decade, the world has watched in shock as populists swept to power in free elections. From Manila to Warsaw, Brasilia to Budapest, the populist tide has shattered illusions of an inexorable march to liberal democracy. Eschewing simplistic notions of a unified global populism, this book unpacks the diversity and plurality of populisms. It highlights the variety of constitutional and extraconstitutional strategies that populists have used to undermine the institutional fabric of liberal democracy and investigates how ruling populists responded to the Covid-19 crisis. Outlining the rise of populisms and their governing styles, Wojciech Sadurski focuses on what populists in power do, rather than what they say. Confronting one of the most pressing concerns of international politics, this book offers a vibrant, contemporary account of modern populisms and, significantly, considers what we can do to fight back.

### KEY FEATURES

- Accessibly describes both the academic theory of populism and contemporary examples of populists in power
- Draws upon cases from Central Europe, Latin America and Asia, showing the varieties of populisms in different countries and also highlighting their commonalities
- Establishes coherent standards for understanding both the rhetorical and institutional dimensions of populism in power, demonstrating how populists dismantle the constraints of power without dismantling democratic institutions

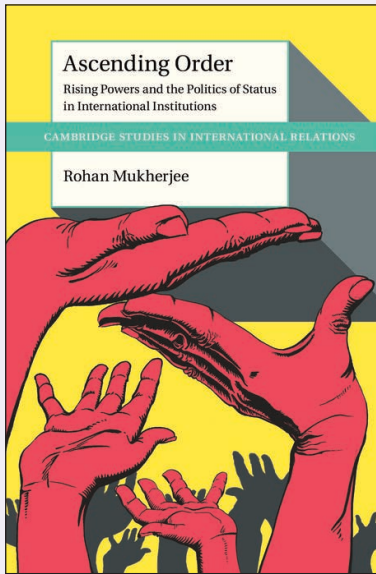
### CONTENTS

1. Why populisms?; 2. The war on institutions; 3. Constitutions: breaches, abuses, and liberal democracy; 4. Courts: the least resilient branch; 5. Paranoia; 6. Democracy diseased: populism in the time of Covid; 7. Antidotes, remedies, and miracles; Annex: country selection explanation.

### ADDITIONAL INFORMATION

*Level:* Academic researchers, graduate students





**August 2022**

229 x 152 mm c.280pp

4 b/w illus. 11 tables

978-1-00-918681-0 Hardback

£75.00 / US\$99.99

## ASCENDING ORDER

*Rising Powers and the Politics of Status in International Institutions*

**Rohan Mukherjee**

London School of Economics and Political Science

Why do rising powers sometimes challenge an international order that enables their growth, and at other times support an order that constrains them? *Ascending Order* offers the first comprehensive study of conflict and cooperation as new powers join the global arena. International institutions shape the choices of rising states as they pursue equal status with established powers. Open membership rules and fair decision-making procedures facilitate equality and cooperation, while exclusion and unfairness frequently produce conflict. Using original and robust archival evidence, the book examines these dynamics in three cases: the United States and the maritime laws of war in the mid-nineteenth century; Japan and naval arms control in the interwar period; and India and nuclear non-proliferation in the Cold War. This study shows that the future of contemporary international order depends on the ability of international institutions to address the status ambitions of rising powers such as China and India.

### KEY FEATURES

- Takes a multi-disciplinary approach, relying on insights from political science, economics, and social psychology
- Uses extensive archival and primary sources to reconstruct each case
- Readers will get a detailed feel for the extensive negotiations that took place between major powers in the international order at key historical junctures

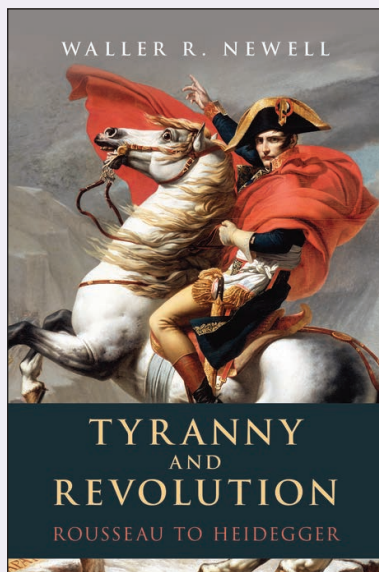
### CONTENTS

1. Introduction; 2. Conceptual foundations; 3. Institutional status theory; 4. The United States and the Atlantic system in the 19th century; 5. Japan and the Washington system of the interwar period; 6. India and the international order of the cold war; 7. China and the liberal international order; 8. Conclusion.

### ADDITIONAL INFORMATION

*Level:* Academic researchers, graduate students

*Series:* [Cambridge Studies in International Relations](#)



May 2022

229 x 152 mm 372pp

978-1-108-42430-1 Hardback

£29.99 / US\$39.99

## TYRANNY AND REVOLUTION

*Rousseau to Heidegger*

Waller R. Newell

Carleton University, Ottawa

The Philosophy of Freedom from Rousseau to Heidegger launched a great protest against modern liberal individualism, inspired by the virtuous political community of the ancient Greeks. Hegel argued that the progress of history was gradually bringing about greater freedom and restoring our lost sense of community. But his successors Marx, Nietzsche and Heidegger rejected Hegel's version of the end of history with its legitimization of the bourgeois nation-state. They sought to replace it with ever more utopian, apocalyptic and illiberal visions of the future: Marx's Socialism, Nietzsche's Overman, and Heidegger's commitment to Nazism. This book combines an exceptionally clear and rich study of these thinkers with a deep dive into the extent to which their views fed the political catastrophes of revolution, tyranny and genocide, including the Jacobins, Bolsheviks, Nazis, Khmer Rouge, ISIS and populist nationalism, but argues that the Philosophy of Freedom remains indispensable for understanding today's world.

### KEY FEATURES

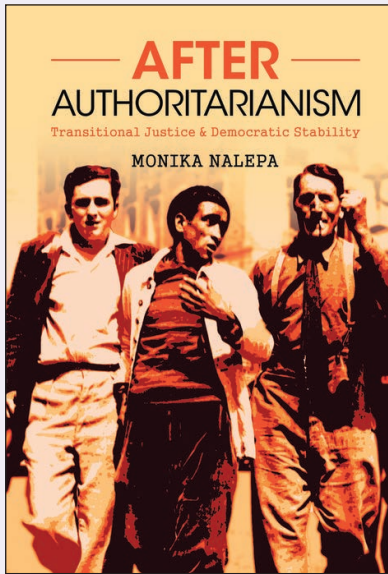
- The first comprehensive study of five inter-connected and important modern thinkers: Rousseau, Hegel, Marx, Nietzsche and Heidegger
- A balanced assessment of what these thinkers intended to convey and how they may have lent themselves to political extremism
- Help readers understand why liberal individualism and capitalism will never satisfy the human longing for a noble politics, as well as why this longing for nobility can go dangerously awry into terrorism and violent revolution

### CONTENTS

1. Escape to Lake Bienne: how Rousseau turned the world upside down;
  2. Redeeming modernity: the erotic ascent of Hegel's phenomenology;
  3. The will to power and the politics of greatness: Nietzsche's revelation;
  4. The distant command of the Greeks: Heidegger and the community of destiny;
  5. The fragmented legacy of the Philosophy of Freedom;
- Bibliography;  
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### ADDITIONAL INFORMATION

*Level:* Graduate students, undergraduate students, academic researchers



June 2022

229 x 152 mm c.300pp

978-1-316-51343-9 Hardback

£79.99 / US\$105.00

## AFTER AUTHORITARIANISM

*Transitional Justice and Democratic Stability*

**Monika Nalepa**

University of Chicago

Transitional justice – the act of reckoning with a former authoritarian regime after it has ceased to exist – has direct implications for democratic processes. Mechanisms of transitional justice have the power to influence who decides to go into politics, can shape politicians’ behavior while in office, and can affect how politicians delegate policy decisions. However, these mechanisms are not all alike: some, known as transparency mechanisms, uncover authoritarian collaborators who did their work in secret while others, known as purges, fire open collaborators of the old regime. *After Authoritarianism* analyzes this distinction in order to uncover the contrasting effects these mechanisms have on sustaining and shaping the qualities of democratic processes. Using a highly disaggregated global transitional justice dataset, the book shows that mechanisms of transitional justice are far from being the epilogue of an outgoing authoritarian regime, and instead represent the crucial first chapter in a country’s democratic story.

### KEY FEATURES

- Enables scholars to study how transitional justice impacts democratic stability using a highly disaggregated global transitional justice dataset
- Provides accompanying website to give readers a hands-on opportunity to interact with the dataset’s visualization tool
- Applies formal theory and causal identification to a subfield (transitional justice and human rights) that has rarely been studied in this way

### CONTENTS

1. Letting Sleeping Dogs Lie?; 2. Blackmail and Transparency; 3. Purging the Authoritarian State; 4. Measuring Transitional Justice; 5. Lustration and Programmatic Representation; 6. Truth Commissions and the Quality of Democracy; 7. Purges and the Quality of Democracy; 8. Taking stock: Joint Analysis of all Mechanisms; 9. Conclusion: Beyond Ritual Sacrifices; 10. Appendices.

### ADDITIONAL INFORMATION

*Level:* Academic researchers, graduate students, undergraduate students

*Series:* [Political Economy of Institutions and Decisions](#)

**The Cultural Value of Work**Livelihoods and Migration  
in the World's Economies

David Griffith



February 2024

978-1-00-911210-9 Paperback

TBA / TBA

**THE CULTURAL VALUE OF WORK***Livelihoods and Migration in the World's Economies***David Griffith**

East Carolina University

Traditional wage labor has experienced a significant decline in industrialized countries over the past few decades. The spread of temporary work, the proliferation of subcontracting arrangements, the use of artificial intelligence (AI), the shipment of manufacturing jobs overseas, and the employment of foreign contract workers are among the key factors driving this decline. The result is a rise of labor insecurity and fragmentation among increasingly diverse forms of flexible labor arrangements. This book examines this important transformation by considering the impact of foreign contract labor on temporary migrant workers in their places of employment and home communities. It assesses work as a source of value in capitalist, reproductive, domestic, and cultural economics, and argues for a new, work-centric field of economics. Rich in examples, it is a sophisticated anthropological appreciation of the many forms that work can take and what these forms mean for the creation of value in people's lives.

**KEY FEATURES**

- Demonstrates the growing importance of contract labor and guestworkers in the world's economies
- Gives empirical evidence for the ways in which guestworkers and other contract workers develop constellations of livelihoods that connect different economies
- Develops detailed information on different forms of labor that people combine in their livelihoods, and the social relations, expectations and rewards that accompany them

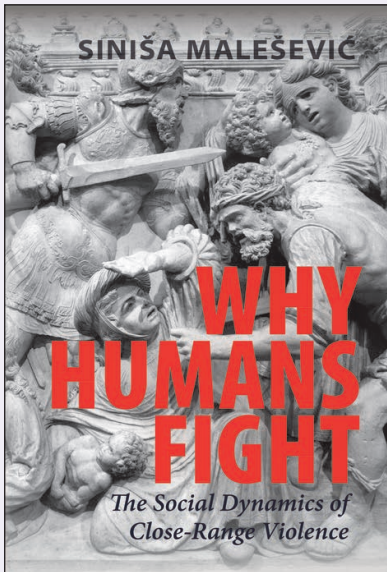
**CONTENTS**

Introduction: the cultural value of work; Part I. Labor in Ethnohistorical Settings; 1. It isn't Santa Claus coming to town: European expansion into Arctic environments; 2. Dispossession and conscription: Euro-American use of Native American labor; 3. Labor for forests: European expansion through naval stores; Part II. Values of Forms of Labour; 4. The value of reproductive labor; 5. Domestic economic labour, part I; 6. Domestic economic labor, Part II; 7. Cultural labor in migration economies; Part III. Labor in Economic and Anthropological Theory; 8. Labor, value, culture; 9. An anthropology of economics; Appendix A: a note on the qualifications of the author.

**ADDITIONAL INFORMATION**

*Level:* Academic researchers, graduate students





May 2022

229 x 152 mm c.320pp

978-1-00-916279-1 Hardback

£79.99 / US\$105.00

## WHY HUMANS FIGHT

*The Social Dynamics of Close-Range Violence*

**Sinisa Malešević**

University College Dublin

Malešević offers a novel sociological answer to the age-old question: 'Why do humans fight?'. Instead of focusing on the motivations of solitary individuals, he emphasises the centrality of the social and historical contexts that make fighting possible. He argues that fighting is not an individual attribute, but a social phenomenon shaped by one's relationships with other people. Drawing on recent scholarship across a variety of academic disciplines as well as his own interviews with the former combatants, Malešević shows that one's willingness to fight is a contextual phenomenon shaped by specific ideological and organisational logic. This book explores the role biology, psychology, economics, ideology, and coercion play in one's experience of fighting, emphasising the cultural and historical variability of combativeness. By drawing from numerous historical and contemporary examples from all over the world, Malešević demonstrates how social pugnacity is a relational and contextual phenomenon that possesses autonomous features.

### KEY FEATURES

- Offers a new sociological approach aimed at explaining the human motivation for fighting in different social contexts.
- Draws comprehensively on the latest research across variety of academic disciplines
- Includes an analysis based on the author's own interviews with the former combatants

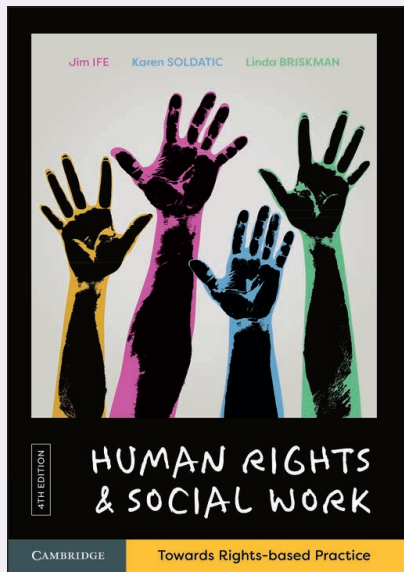
### CONTENTS

Acknowledgements; Introduction: The social anatomy of fighting; 1. The body and the mind: Biology and the close-range violence; 2. Profiting from fighting: The economics of micro-level violence; 3. Clashing beliefs: The ideological fighters; 4. Enforcing fighting: Coercing humans into violence; 5. Fighting for others: The networks of micro-bonds; 6. Avoiding violence: The structural context of non-fighting; 7. Social pugnacity in the combat zone; 8. Organisational power and social cohesion on the battlefield; 9. Emotions and the close-range fighting; 10. Killing in war: The emotional dynamics of pugnacity; 11. The future of close-range violence; Conclusion.

### ADDITIONAL INFORMATION

*Level:* Graduate students, academic researchers





October 2022

244 x 170 mm c.300pp

978-1-108-82970-0 Paperback

£39.99 / US\$54.99

## HUMAN RIGHTS AND SOCIAL WORK

*Towards Rights-Based Practice*

Fourth edition

Jim Ife

Western Sydney University

Karen Soldatic

Western Sydney University

Linda Briskman

Western Sydney University

*Human Rights and Social Work: Towards Rights-Based Practice* helps students and practitioners understand how human rights concepts underpin the social work profession and inform their practice. This book examines the three generations of human rights and the systems of oppression that prevent citizens from participating in society as equals. It explores a range of topics, from ethics and ethical social work practice, to deductive and inductive approaches to human rights, and global and local human rights discourses. The language, processes, structures and theories of social work that are fundamental to the profession are also discussed. This edition features case studies exploring current events, movements and human rights crises, including the Black Lives Matter movement, the Northern Territory Emergency Response, and homelessness among LGBTIQ+ young people. This edition is accompanied by online resources for both students and instructors. *Human Rights and Social Work* is an indispensable guide for social work students and practitioners.

### KEY FEATURES

- Frames social work as a human rights profession
- Makes connections between human rights theory and practice
- Takes an internationalist perspective

### NEW TO THIS EDITION

New case study feature at the end of each chapter. New instructor and student website materials. New co-authors in addition to Jim Ife.

### CONTENTS

1. Human rights in a globalised world; 2. Human rights: Beyond traditional formulations; 3. Public and private human rights; 4. Culture and human rights; 5. Human rights and human needs; 6. Human rights and obligations; 7. Ethics and human rights; 8. Participation in the human rights discourse; 9. Constructing human rights for social work practice; 10. Achieving human rights through social work; 11. Respecting human rights in social work practice; 12. Conclusion: Prospects for human rights practice.

**Additional Resources:** <http://www.cambridge.org/9781108829700>

Instructor resources include 'Questions to consider' and 'Videos to watch'; student resources include Further reading links and the 3e Appendices materials.

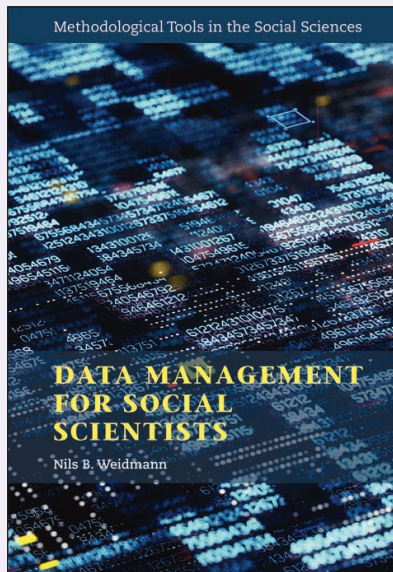
### ADDITIONAL INFORMATION

*Courses:* Human Rights and Social Work, Human Rights and Social Justice, Human Rights and Ethics

*Departments:* Social Work

*Level:* Undergraduate students, graduate students, professionals

[www.cambridge.org/rights](http://www.cambridge.org/rights)  
rights@cambridge.org



August 2022

229 x 152 mm c.200pp

978-1-108-84567-0 Hardback

c. £75.00 / c. US\$99.99

## DATA MANAGEMENT FOR SOCIAL SCIENTISTS

*From Files to Databases*

Nils B. Weidmann

Universität Konstanz, Germany

The 'data revolution' offers many new opportunities for research in the social sciences. Increasingly, social and political interactions can be recorded digitally, leading to vast amounts of new data available for research. This poses new challenges for organizing and processing research data. This comprehensive introduction covers the entire range of data management techniques, from flat files to database management systems. It demonstrates how established techniques and technologies from computer science can be applied in social science projects, drawing on a wide range of different applied examples. This book covers simple tools such as spreadsheets and file-based data storage and processing, as well as more powerful data management software like relational databases. It goes on to address advanced topics such as spatial data, text as data, and network data. This book is one of the first to discuss questions of practical data management specifically for social science projects.

### KEY FEATURES

- Provides a hands-on introduction to data processing in the social sciences
- Introduces concepts and tools from computer science tailored to a social science audience
- Covers three advanced types of social science data (spatial, text and network data) that are becoming increasingly important for research in the digital age

### CONTENTS

Part I. Introduction: 1. Motivation; 2. Gearing up; 3. Data = content + structure; Part II. Data in Files: 4. Storing data in files; 5. Managing data in spreadsheets; 6. Basic data management in R; 7. R and the tidyverse; Part III. Data in Databases: 8. Introduction to relational databases; 9. Relational databases and multiple tables; 10. Database fine-tuning; Part IV. Special Types of Data: 11. Spatial data; 12. Text data; 13. Network data; Part V. Conclusion: 14. Best practices in data management.

### ADDITIONAL INFORMATION

*Level:* Undergraduate students, graduate students, academic researchers

*Series:* [Methodological Tools in the Social Sciences](#)

**The Right Privatization**

Why Private Firms in  
Public Initiatives Need  
Capable Governments

Sergio G. Lazzarini



April 2022

229 x 152 mm c.280pp

978-1-316-51971-4 Hardback

£85.00 / US\$110.00

**THE RIGHT PRIVATIZATION**

*Why Private Firms in Public Initiatives Need Capable Governments*

**Sergio G. Lazzarini**

Inspire Institute of Education and Research (Brazil)

The public debate is rife with polarized views of how to deliver essential services such as education, health, and security. While some tout privatization as a way to supplant bad governments, others warn that private firms maximize profits at the expense of socially oriented service attributes. In reality, all forms of service delivery—public, private and hybrid public-private-collaborations—have merits and flaws. This book scrutinizes the menu of delivery forms in public services and the conditions that should make them work. It argues that privatization benefits from capable government units committing to well-defined policy objectives, mobilizing critical resources, and incentivizing effective and inclusive delivery. Societies counting on capable governments can also reject single solutions and experiment with plural paths of improvement, where public and private organizations co-exist and learn from each other. This book will appeal to students, academics, managers and policy makers interested in examining the public-private boundary and the many ramifications of this focal issue.

**KEY FEATURES**

- The book consolidates decades of research on the pros and cons of private versus public organization, in simple and accessible language
- Instead of defending or criticizing privatization, the book offers a balanced view of alternative organizational options to manage essential services
- The book includes practical discussions on how to assess the performance of alternative organizational options and guidelines to choose between those options

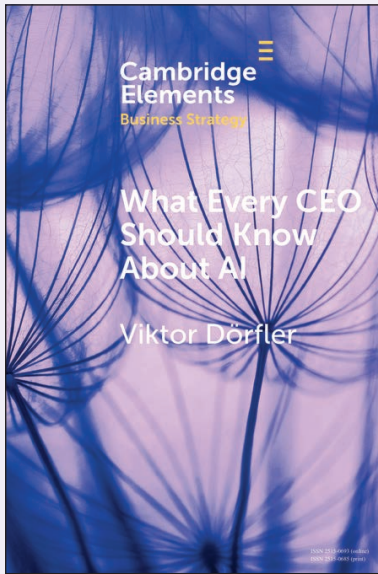
**CONTENTS**

1. Public or private? The conceptual foundations; 2. The effectiveness–inclusion framework; 3. Public, private, and their variations: A comparative analysis; 4. Privatization needs capable governments; 5. Completing the contracts: Paying for social outcomes; 6. Private investors in the public interest?; 7. Public promotion of private capabilities; 8. A roadmap to privatization (and its alternatives).

**ADDITIONAL INFORMATION**

*Level:* Academic researchers, graduate students

Portuguese  
language rights  
sold



May 2022

229 x 152 mm c.75pp

978-1-00-901692-6 Paperback

£15.00 / US\$20.00

## WHAT EVERY CEO SHOULD KNOW ABOUT AI

Viktor Dörfler

University of Strathclyde Business School

Dr Viktor Dörfler combines his background in developing and implementing AI with scholarly research on knowledge and cultivating talent to address misconceptions about AI. The Element explains what AI can and cannot do, carefully delineating facts from beliefs or wishful thinking. Filled with examples, this practical Element provokes thinking. The purpose is to help CEOs figure out how to make the best use of AI, suggesting how to extract AI's greatest value through appropriate task allocation between human experts and AI. The author challenges the attribution of characteristics like understanding, thinking, and creativity to AI, supporting his argument with the ideas of the finest AI philosophers. He also discusses in depth one of the most sensitive AI-related topics: ethics. The readers are encouraged to make up their own minds about AI and draw their own conclusions rather than accepting opinions from people with vested interests or an agenda.

### KEY FEATURES

- The book consolidates decades of research on the pros and cons of private versus public organization, in simple and accessible language
- Instead of defending or criticizing privatization, the book offers a balanced view of alternative organizational options to manage essential services
- The book includes practical discussions on how to assess the performance of alternative organizational options and guidelines to choose between those options

### CONTENTS

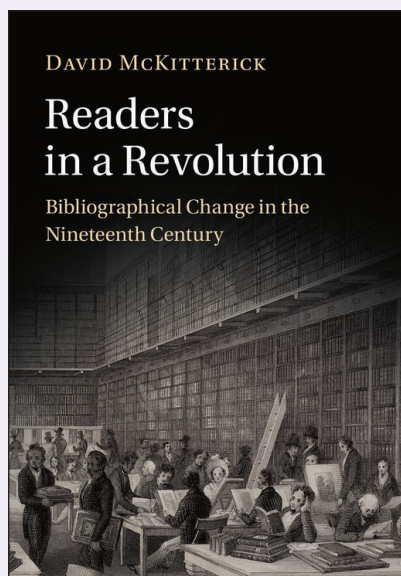
Foreword; 1. Introduction: The Strategic Landscape of AI; 2. Ex Machina; 3. Knowing; 4. Learning; 5. Creating; 6. Moral Issues; 7. Final Commentary.

### ADDITIONAL INFORMATION

*Level:* Academic researchers, graduate student

*Series:* Elements in Business Strategy





June 2022

244 x 170 mm 446pp

978-1-00-920084-4 Hardback

£29.99 / US\$39.99

## READERS IN A REVOLUTION

*Bibliographical Change in the Nineteenth Century*

David McKitterick

*Bibliographical Change in the Nineteenth Century*

The mid-nineteenth century brought a revolution in popular and scholarly understandings of old and second-hand books. Manuals introduced new ideas and practices to increasing numbers of collectors, exhibitions offered opportunities previously unheard of, and scholars worked together to transform how the history of printing was understood. These dramatic changes would have profound consequences for bibliographical study and collecting, accompanied as they were by a proliferation in means of access. Many ideas arising during this time would even continue to exert their influence in the digitised arena of today. This book traces this revolution to its roots in commercial and personal ties between key players in England, France and beyond, illuminating how exhibitions, libraries, booksellers, scholars and popular writers all contributed to the modern world of book studies. For students and researchers, it offers an invaluable means of orientation in a field now once again undergoing deep and wide-ranging transformations.

### KEY FEATURES

- Relates shifting nineteenth-century attitudes around old and second-hand books to the way we access, collect and use primary sources in today's digitised environment
- Takes a refreshingly broad view that encompasses book trades and book collecting as a whole, rather than prioritising dominant historical figures and narratives
- Examines fresh and unexplored sources, providing a model for research that is eminently compatible with today's shift away from canonical scholars and historical figures

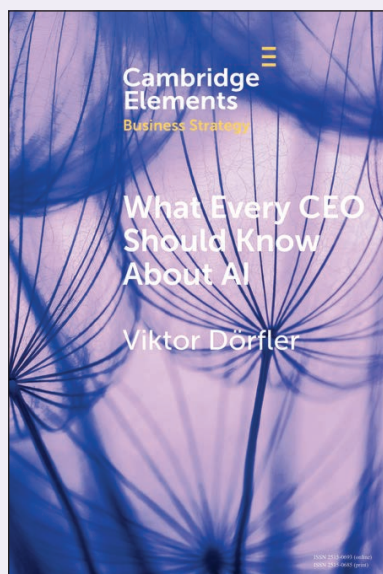
### CONTENTS

1. Introduction;
2. Re-shaping the world;
3. Books in abundance;
4. Celebrating print: Libraries;
5. Access: National Collections;
6. The British Museum Commission, 1847-50;
7. Libraries in confusion;
8. Collaboration: Trading and Collecting;
9. The trade in second-hand books;
10. Private collectors and the public: Books in Detail;
11. Writing in books;
12. Bookbinding: Books on Show;
13. Reproduction;
14. Exhibitions: Another Generation;
15. Changes in direction;
16. Advice and guidance;
17. Standing back;
18. The next generation; Conclusion;
19. Then and now.

### ADDITIONAL INFORMATION

*Level:* Academic researchers, graduate students, amateurs/enthusiasts





October 2022

228 x 152 mm 248pp

978-1-108-49331-4 Hardback

£21.99 / US\$27.95

## DOES SCRIPTURE SPEAK FOR ITSELF?

*The Museum of the Bible and the Politics of Interpretation*

Jill Hicks-Keeton

University of Oklahoma

Cavan Concannon

University of Southern California

Is the Bible the unembellished Word of God or the product of human agency? There are different answers to that question. And they lie at the heart of this book's powerful exploration of the fraught ways in which money, race and power shape the story of Christianity in American public life. The authors' subject is the Museum of the Bible in Washington, DC: arguably the latest example of a long line of white evangelical institutions aiming to amplify and promote a religious, political, and moral agenda of their own. In their careful and compelling investigation, Jill Hicks-Keeton and Cavan Concannon disclose the ways in which the Museum's exhibits reinforce a particularized and partial interpretation of the Bible's meaning. Bringing to light the Museum's implicit messaging about scriptural provenance and audience, the authors reveal how the MOTB produces a version of the Bible that in essence authorizes a certain sort of white evangelical privilege; promotes a view of history aligned with that same evangelical aspiration; and above all protects a cohort of white evangelicals from critique. They show too how the Museum collapses vital conceptual distinctions between its own conservative vision of the Bible and 'The Bible' as a cultural icon. This revelatory volume above all confirms that scripture – for all the claims made for it that it speaks only divine truth – can in the end never be separated from human politics.

### KEY FEATURES

- Shows the intersections of race, religion, and money in contemporary US politics, celebrity, and institution building
- Draws together methods and insights from the fields of biblical studies, American religious history, anthropology of religion, and museum studies
- Interrogates how white evangelicals produce a bible that works with them and for them to protect their own moral authority

### CONTENTS

1. Provenance; 2. Good book; 3. Reliable Bible; 4. Jesus, Israel, and a Christian America; 5. Biblical capital.

### ADDITIONAL INFORMATION

*Level:* Undergraduate students, graduate students

November 2022

228 x 152 mm c.500pp

978-1-108-49784-8 Hardback

c. £89.99 / c. US\$120.00

# A HISTORY OF WESTERN PHILOSOPHY OF MUSIC

James O. Young

University of Victoria, British Columbia

This book presents a comprehensive, accessible survey of Western philosophy of music from Pythagoras to the present. Its narrative traces themes and schools through history, in a sequence of five chapters that survey the ancient, medieval, early modern, modern and contemporary periods. Its wide-ranging coverage includes medieval Islamic thinkers, Continental and analytic thinkers, and neglected female thinkers such as Vernon Lee (Violet Paget). All aspects of the philosophy of music are discussed, including music and the cosmos, music's value, music's relation to the other arts, the problem of opera, the origins of musical genius, music's emotional impact, the moral effects of music, the ontology of musical works, and the relevance of music's historical context. The volume will be valuable for students and scholars in philosophy and musicology, and all who are interested in the ways in which philosophers throughout history have thought about music.

## KEY FEATURES

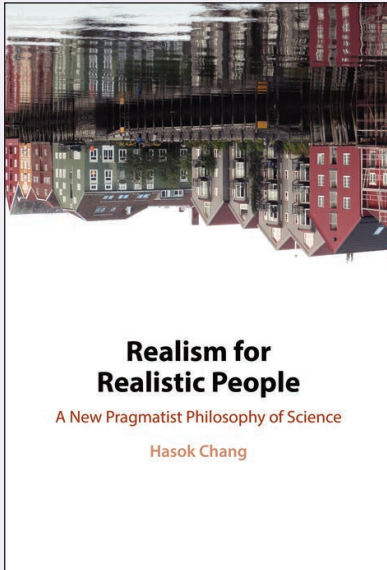
- Presents the history of philosophy of music as a whole rather than as series of episodes
- Includes coverage of medieval Islamic thinkers, Continental and analytic thinkers and neglected female thinkers who have contributed to philosophy of music
- Arranged thematically (rather than by philosopher) and presents a narrative that traces themes and schools through history

## CONTENTS

1. The Ancient World; 2. The Middle Ages; 3. The Early Modern Period: 1500–1800;
4. The Modern Period: 1800–1950; 5. The Contemporary Period.

## ADDITIONAL INFORMATION

*Level:* Academic researchers, graduate students



**November 2022**

228 x 152 mm c.280pp

978-1-108-47038-4 Hardback

£75.00 / US\$99.99

## REALISM FOR REALISTIC PEOPLE

*A New Pragmatist Philosophy of Science*

**Hasok Chang**

University of Cambridge

In this innovative book, Hasok Chang constructs a philosophy of science for 'realistic people' interested in understanding and promoting the actual practices of inquiry in science and other knowledge-focused areas of life. Inspired by pragmatist philosophy, he reconceives the very notions of reality and truth on the basis of his concept of the 'operational coherence' of epistemic activities, and offers new pragmatist conceptions of truth and reality as operational ideals achievable in actual scientific practice. Rejecting the version of scientific realism that is concerned with claiming that our theories correspond to an ultimate reality, he proposes instead an 'activist realism': a commitment to do all that we can actually do to improve our knowledge of realities. His book will appeal to scholars and students in philosophy, science and the history of science, and all who are concerned about the place of science and empirical truth in society.

### KEY FEATURES

- Offers new pragmatist conceptions of truth, knowledge and reality
- Discussions are grounded in many examples from the history of science
- Encourages interdisciplinary connections helping to connect philosophy not only with the history of science but also with the sciences and more practical domains of life

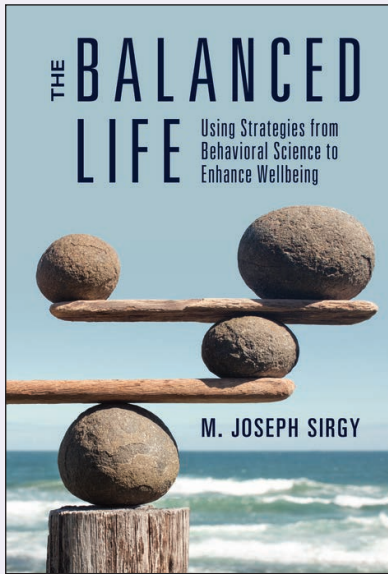
### CONTENTS

Introduction;

1. Active Knowledge; 2. Correspondence; 3. Reality; 4. Truth; 5. Realism; Closing Remarks.

### ADDITIONAL INFORMATION

*Level:* Academic researchers, graduate students



May 2022

229 x 152 mm c.200pp

978-1-00-912324-2 Hardback

£64.99 / US\$84.99

## THE BALANCED LIFE

*Using Strategies from Behavioral Science to Enhance Wellbeing*

**M. Joseph Sirgy**

Virginia Polytechnic Institute and State University

The balanced life is a state of equally moderate-to-high levels of satisfaction in important and multiple life domains that contribute to overall life satisfaction. This book strives to improve the reader's understanding of what the balanced life is, and how it can be both achieved and maintained. Its primary goal is therefore to identify the major principles of life balance, and to introduce a comprehensive construct of the balanced life reflective of these principles. It discusses how life balance substantially contributes to subjective well-being – defined as life satisfaction, a preponderance of positive over negative feelings, and absence of ill-being – and explores strategies to attain life balance. It argues that achieving life balance, through manipulating one's thoughts and taking concrete action, will lead to increased personal happiness. Aimed at professional, academic, and lay audiences, this book is grounded in scientific studies related to work-life balance and the balanced life.

### KEY FEATURES

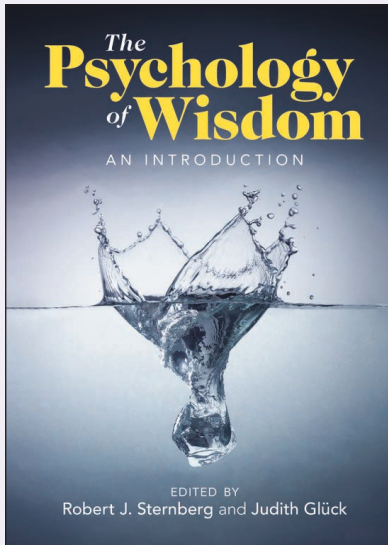
- Outlines strategies for achieving life balance to increase personal happiness
- Offers a timely contribution to the discussion of work-life balance and work-family interface
- Appeals to a broad audience ranging from academics in human resource management or social psychology, to science journalists and life coaches, to professionals with high work and family demands

### CONTENTS

Part I. Introduction; 1. Life balance: setting the stage and understanding the language; 2. The imbalanced life; Part II. Inter-domain strategies to increase overall life satisfaction and achieve balance; 3. Engagement in social roles in multiple life domain; 4. Engagement in roles in health, love, family, material, social, work, and culture domains; 5. Engagement in new social roles; Part III. Inter-domain strategies to increase domain satisfaction and achieve balance; 6. Integrating domains with high satisfaction; 7. Compartmentalizing domains with high dissatisfaction; 8. Reallocating resources across domain; 9. Reducing role conflict; 10. Using skills, experiences, and resources in one role for other roles; 11. Concluding thoughts.

### ADDITIONAL INFORMATION

*Level:* Professionals, academic researchers



June 2022

254 x 177 mm c.300pp

978-1-316-51463-4 Hardback

£64.99 / US\$84.99

## THE PSYCHOLOGY OF WISDOM

*An Introduction*

**Robert J. Sternberg**

Cornell University, New York

**Judith Glück**

Universität Klagenfurt, Austria

*The Psychology of Wisdom: An Introduction* is the first comprehensive coursebook on wisdom, providing an engaging, balanced, and expert introduction to the psychology of wisdom. It provides a comprehensive and up-to-date account of the psychological science of wisdom, covering wide-ranging perspectives. Each chapter includes extensive pedagogy, including a summary, a glossary, bolded terms, practical applications, discussion questions, and a brief description of the authors' research. Topics include the philosophical foundations, folk conceptions, and psychological theories of wisdom; relations of wisdom to morality and ethics, to personality and well-being, to emotion; wisdom and leadership, wisdom and social policy. These topics are covered in a non-technical, bias-free, and student-friendly manner. Written by the most eminent experts in the field, this is the definitive coursebook for undergraduate and graduate students, as well as interested professionals and researchers.

### KEY FEATURES

- One-stop resource for gaining a comprehensive understanding of the psychology of wisdom
- Designed as a coursebook, with a full range of perspectives and abundant pedagogical materials to facilitate student learning
- Makes a complex, sometimes abstract, topic accessible to readers without expertise

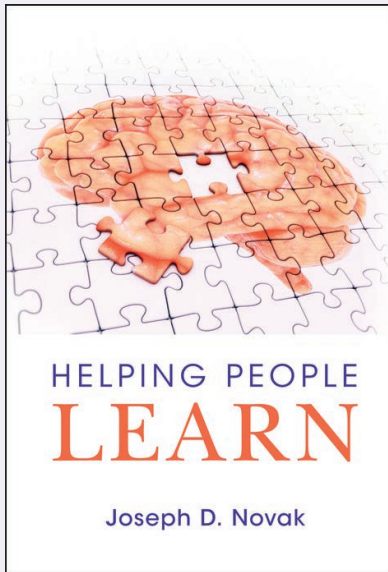
### CONTENTS

Part I. Introduction to Wisdom Theory and Research: 1. Introduction: What is wisdom and why is it important?; 2. Philosophical foundations for the study of wisdom; 3. Folk conceptions of wisdom around the world; 4. Psychological theories of wisdom; 5. Wisdom: Situational, Dispositional, or Both?; 6. Measurement of wisdom; Part II. Foundations of Wisdom in the Individual and in the World: 7. Wisdom, intelligence, and creativity; 8. Wisdom, morality, and ethics; 9. Wisdom, personality, and well-being; 10. Wisdom and Emotion; Part III. The Modifiability of Wisdom: 11. The development of wisdom; 12. Interventions for developing wisdom; Part IV. Wisdom in the World: 13. Wisdom in the professions; 14. Wisdom development and practice in leadership; 15. Injecting wisdom into social policy so we can deal with gigantic problems in the World.

### ADDITIONAL INFORMATION

*Level:* Undergraduate students, graduate students





**June 2022**

229 x 152 mm c.175pp

978-1-108-47089-6 Hardback

£64.99 / US\$89.99

## HELPING PEOPLE LEARN

**Joseph D. Novak**

Cornell University, New York

Educational theory and practice are historically influenced by the view of behavioral psychologists that learning is synonymous with behavior change. *Helping People Learn* argues for the practical importance of an alternate view, that learning is synonymous with a change in the meaning of experience. Based on the foundations of cognitive psychology and constructivist epistemology, this book presents a science of education that can guide the development of successful and meaningful educational programs. It serves as a sequel to the best-selling *Learning How to Learn* and includes ideas developed through the author's research and training programs conducted over the past thirty years. It emphasises the power of the knowledge representation tool 'concept maps,' designed to facilitate meaningful learning and creativity. This book capitalises on the advances in technology and is of interest to students, professionals and researchers in educational psychology and learning theory.

### KEY FEATURES

- Introduces readers to the concept mapping tool, which is useful from preschool to research laboratory settings
- Introduces readers to strategies for constructing clinical interviews and analysing data gleaned from these interviews
- Shows how the author's theory of education has been applied to enhance educational programs in a variety of settings

### CONTENTS

Preface;

1. Developing the foundations to help people learn; 2. The invention and use of CmapTools software in schools, corporations, and other organizations; 3. Building a theory of education; 4. The design of better instructional programs; 5. A look to the future; Appendix 1: Testing my theory of education; Appendix 2: Special resources on climate change.

### ADDITIONAL INFORMATION

*Level:* Undergraduate students, graduate students, professionals

Marissa A. Harrison

# Just as Deadly

The Psychology  
of Female  
Serial Killers



January 2023

229 x 152 mm c.280pp

978-1-00-915820-6 Hardback

£20.00 / US\$25.95

## JUST AS DEADLY

*The Psychology of Female Serial Killers*

Marissa A. Harrison

Pennsylvania State University

You've heard of Ted Bundy and John Wayne Gacy. But have you heard of Amy Archer-Gilligan? Or Belle Gunness? Or Nannie Doss? Women have committed some of the most disturbing serial killings ever seen in the United States. Yet scientific inquiry, criminal profiling, and public interest have focused more on their better-known male counterparts. As a result, female serial killers have been misunderstood, overlooked, and underestimated. In this riveting account, Dr. Marissa A. Harrison draws on original scientific research, various psychological perspectives, and richly detailed case studies to illuminate the stark differences between female and male serial killers' backgrounds, motives, and crimes. She also emphasizes the countless victims of this grisly phenomenon to capture the complexity and tragedy of serial murder. Meticulously weaving data-based evidence and insight with intimate storytelling, *Just as Deadly* reveals how and why these women murder—and why they often get away with it.

### KEY FEATURES

- Explores what motivates serial murderers and addresses why society is so fascinated by them
- Provides data-driven analysis and meticulously researched case studies to illustrate key psychological phenomena among female serial killers
- Compares the stark differences between female and male serial killers' backgrounds, motives, crimes, and victims, showing why female killers' crimes often go undetected despite being just as heinous as those committed by males

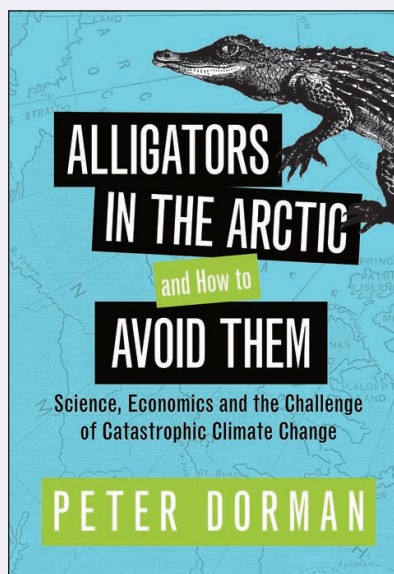
### CONTENTS

Preface;

1. Introduction: what is a serial killer?; 2. Why are we interested in serial killers?; 3. The lives in female serial killers (FSKs); 4. Mental health and substance use among FSKs; 5. FSK crimes and outcomes; 6. FSK motives and profile; 7. Comparing FSKs and MSKs: backgrounds and mental illness; 8. Comparing FSKs and MSKs: crimes and victims; 9. The behavioral neuroscience of serial murder; 10. Psychosocial factors that make a serial murderer; 11. Evolutionary and converging perspectives of serial murder; 12. Our understanding of serial killers evolves.

### ADDITIONAL INFORMATION

*Level:* General readers, academic researchers, professionals



July 2022

229 x 152 mm c.300pp

978-1-316-51627-0 Hardback

£29.99 / US\$39.99

## ALLIGATORS IN THE ARCTIC AND HOW TO AVOID THEM

*Science, Economics and the Challenge of Catastrophic Climate Change*

Peter Dorman

Evergreen State College, Washington

Climate change is a matter of extreme urgency. Integrating science and economics, this book demonstrates the need for measures to put a strict lid on cumulative carbon emissions and shows how to implement them. Using the carbon budget framework, it reveals the shortcomings of current policies and the debates around them, such as the popular enthusiasm for individual solutions and the fruitless search for 'optimal' regulation by economists and other specialists. On the political front, it explains why business opposition to the policies we need goes well beyond the fossil fuel industry, requiring a more radical rebalancing of power. This wide-ranging study goes against the most prevalent approaches in mainstream economics, which argue that we can tackle climate change while causing minimal disruption to the global economy. The author argues that this view is not only impossible, but also dangerously complacent.

### KEY FEATURES

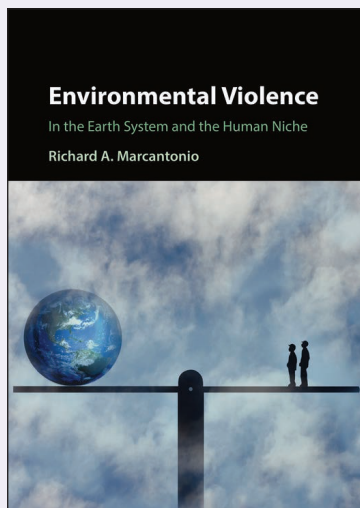
- Critiques common misconceptions like individual-level carbon footprints, the role of economic and population growth, and the assumption that increasing renewable energy is the same as decreasing the use of fossil fuels
- Offers a deeper discussion of the theory and practice of restricting carbon emissions than any previous book
- Places the issue of climate change in an international context, taking seriously the tension between global cooperation to achieve climate goals and the need to accelerate economic development

### CONTENTS

Introduction: When Alligators go north;  
 Part I. Carbon Accounting for Planet Earth: Part II. The Risks of Climate Change, or Why Carbon Budgets Need to Be Binding: Part III. Measurement: Myths and Distractions: Part IV. It's About Fossil Fuels: Part V. Costs and Consequences: Part VI. The Carbon Policy Toolkit: Part VII. The Global Dimension: Part VIII. Political Economy for Alligators.

### ADDITIONAL INFORMATION

*Level:* Academic researchers, general readers, undergraduate students



July 2022

244 x 170 mm c.350pp

978-1-00-917079-6 Hardback

£95.00 / US\$125.00

## ENVIRONMENTAL VIOLENCE

*In the Earth System and the Human Niche*

Richard A. Marcantonio

University of Notre Dame

The concept of environmental violence (EV) explains the harm that humanity is inflicting upon itself through our pollution emissions. This book argues that EV is present, active, and expanding at alarming rates in the contemporary human niche and in the Earth system. It explains how EV is produced and facilitated by the same inequalities that it creates and reinforces, and suggests that the causes can be attributed to a relatively small portion of the human population and to a fairly circumscribed set of behaviours. While the causes of EV are complex, the author makes this complexity manageable to ensure interventions are more readily discernible. The EV-model developed is both a theoretical concept and an analytical tool, substantiated with rigorous social and environmental scientific evidence, and designed with the intention to help disrupt the cycle of violence with effective policies and real change.

### KEY FEATURES

- Draws from a broad range of the environmental and social sciences and uses a mix of qualitative and quantitative data and methods
- Provides a robust theoretical and functional analytic that can be used by researchers and practitioners alike to effect real change
- Demonstrates how the environmental violence framework can be applied at various scales and in various socioenvironmental contexts

### CONTENTS

Acknowledgements;

Preface;

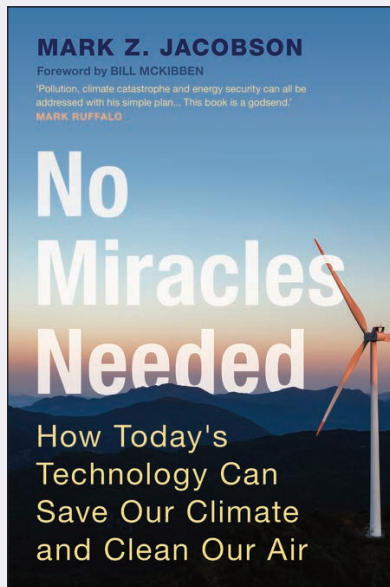
1. Approaching environmental violence; 2. Environmental violence defined; 3. Environmental violence across the global ecosystem and in the contemporary human niche; 4. The flow of environmental violence on the Pampana River, Sierra Leone: Mining and toxic pollution; 5. Environmental violence in everyday island life: Non-toxic pollution and extreme weather; 6. Reflections, findings, and future applications of the environmental violence framework; 7. Ethics, policy, and trajectories of environmental violence; References; Index.

**Additional Resources:** <http://www.cambridge.org/9781009170796>

Colour figures and supplementary files.

### ADDITIONAL INFORMATION

*Level:* Academic researchers, professionals, graduate students



December 2022

229 x 152 mm c.400pp

978-1-00-924954-6 Paperback

£11.99 / US\$14.95

## NO MIRACLES NEEDED

*How Today's Technology Can Save Our Climate and Clean Our Air*

Mark Z. Jacobson

Stanford University, California

The world needs to turn away from fossil fuels and use clean, renewable sources of energy as soon as we can. Failure to do so will cause catastrophic climate damage sooner than you might think, leading to loss of biodiversity and economic and political instability. But all is not lost! We still have time to save the planet without resorting to 'miracle' technologies. We need to wave goodbye to outdated technologies, such as natural gas and carbon capture, and repurpose the technologies that we already have at our disposal. We can use existing technologies to harness, store, and transmit energy from wind, water, and solar sources to ensure reliable electricity, heat supplies, and energy security. Find out what you can do to improve the health, climate, and economic state of our planet. Together, we can solve the climate crisis, eliminate air pollution and safely secure energy supplies for everyone.

### KEY FEATURES

- Lays out the framework for how to solve the climate, air pollution and energy security problems of our times, including an honest analysis of what we should not be doing
- Shares up-to-date information on the technologies available to solve these problems, providing actionable solutions to help fight the climate crisis
- Provides suggestions on what individuals, communities and nations can do to solve energy issues, helping the reader take steps to save our planet
- Explores the implications of the policies needed to fight climate change, providing insights into the current landscape and the solutions available

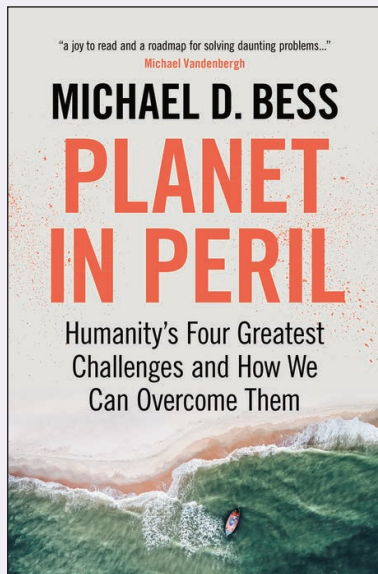
### CONTENTS

Foreword; Preface; 1. What problems are we trying to solve?; 2. WWS solutions for electricity generation; 3. WWS solutions for electricity storage; 4. WWS solutions for transportation; 5. WWS solutions for buildings; 6. WWS solutions for industry; 7. Solutions for non-energy emissions; 8. What doesn't work; 9. Electricity grids; 10. Photovoltaics and solar radiation; 11. Onshore and offshore wind energy; 12. Steps in developing 100 percent WWS roadmaps; 13. Keeping the grid stable with 100 percent WWS; 14. Timeline and policies needed to transition; 15. My journey.

### ADDITIONAL INFORMATION

*Level:* General readers, undergraduate students, professionals





October 2022

229 x 152 mm 452pp

978-1-00-916033-9 Hardback

£20.00 / US\$24.95

## PLANET IN PERIL

*Humanity's Four Greatest Challenges and How We Can Overcome Them*

Michael D. Bess

Vanderbilt University, Tennessee

Written by an award-winning historian of science and technology, *Planet in Peril* describes the top four mega-dangers facing humankind – climate change, nukes, pandemics, and artificial intelligence. It outlines the solutions that have been tried, and analyzes why they have thus far fallen short. These four existential dangers present a special kind of challenge that urgently requires planet-level responses, yet today's international institutions have so far failed to meet this need. The book lays out a realistic pathway for gradually modifying the United Nations over the coming century so that it can become more effective at coordinating global solutions to humanity's problems. Neither optimistic nor pessimistic, but pragmatic and constructive, the book explores how to move past ideological polarization and global political fragmentation. Unafraid to take intellectual risks, *Planet in Peril* sketches a plausible roadmap toward a safer, more democratic future for us all.

### KEY FEATURES

- Offers a single explanatory framework for understanding the seemingly disparate challenges facing humankind
- Describes a realistic pathway for modifying the United Nations to become a more effective instrument for coordinating planet-level solutions to humanity's mega-problems
- Puts forward an integrated set of planet-level solutions that can be implemented incrementally over the coming century to head off potential catastrophes caused by these four mega-dangers
- Written in vivid prose with illustrative examples drawn from history
- Combines history, science, technology and politics in reflection and analysis

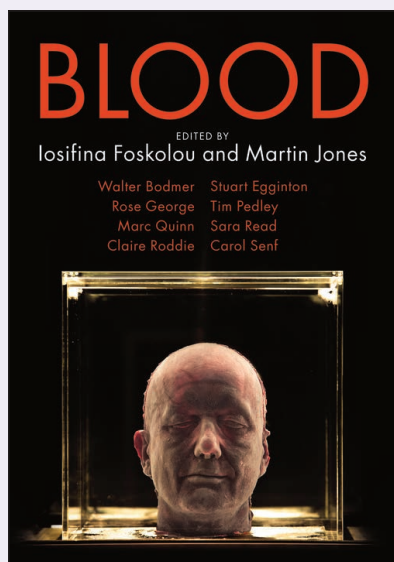
[www.cambridge.org/rights](http://www.cambridge.org/rights)  
rights@cambridge.org

### CONTENTS

1. Introduction; Part I. Existential Threats: The Four Most Pressing Dangers Facing Humankind: 2. Fossil fuels and climate change; 3. Nukes for war and peacetime; 4. Pandemics, natural or bioengineered; 5. Artificial intelligence: extreme reward and risk; Part II. Strategies and Obstacles: The Solutions We Need, and What's Preventing them from Being Realized: 6. How to beat climate change; 7. Wise governance for nukes and pandemics: where to go faster and where to slow down; 8. Controlling things vs. controlling agents: the challenge of high-level AI 160; 9. The international dimension: where every solution stumbles; Prologue to Parts III, IV, and V: Does history have a direction? Hegel, Smith, Darwin; Part III. Sensible Steps for Today's World: Powerful Measures we Can Implement Right Away: 10. Do it now: five points of leverage; 11. Constructive moves on the international front for the next 25 years; 12. Breaking the political logjam; 13. Lessons from the green movement: how to build lasting change in the absence of full consensus; Part IV. The Middle-Term Goal: New International Tools for the Late 21st Century: 14. A promising track record: the dramatic growth of international institutions and networks since 1900; 15. How to escape the sovereignty trap: lessons and limitations of the EU Model; 16. Taking the UN up a notch: planet-level solutions for the year 2100; 17. The other path to 2100: ruthless competition, fingers crossed; Part V. The Long-Term Goal: Envisioning a Mature System of Global Governance for the 22nd Century: 18. Global government in a world of democracies and dictatorships: what it might look like in 2150; 19. Keeping the system accountable and fair; 20. Collective military security and economic sanctions: how to handle rogues, cheaters, and fanatics; 21. What could go wrong?; 22. Conclusion.

### ADDITIONAL INFORMATION

*Level:* General readers, undergraduate students, academic researchers



July 2022

244 x 170 mm 204pp

978-1-00-920549-8 Paperback

£15.99 / US\$19.99

## BLOOD

Iosifina Foskolou

University of Cambridge

Martin Jones

University of Cambridge

Blood is life, its complex composition is finely attuned to our vital needs and functions. Blood can also signify death, while 'bloody' is a curse. Arising from the 2021 Darwin College Lectures, this volume invites leading thinkers on the subject to explore the many meanings of blood across a diverse range of disciplines. Through the eyes of artist Marc Quinn, the paradoxical nature of blood plays with the notion of self. Through those of geneticist Walter Bodmer, it becomes a scientific reality: bloodlines and diaspora capture our notions of community. The transfer of blood between bodies, as Rose George relates, can save lives, or as we learn from Claire Roddie can cure cancer. Tim Pedley and Stuart Egginton explore the extraordinary complexity of blood as a critical biological fluid. Sarah Read examines the intimate connection between blood and womanhood, as Carol Senf does in her consideration of Bram Stoker's novel *Dracula*.

### KEY FEATURES

- Invites the reader to explore different aspects of identity through the theme of blood
- Provides a unique history of the medical profession's changing engagement with blood
- Explores many facets of the diverse relations between blood and womanhood

### CONTENTS

Notes on Contributors;

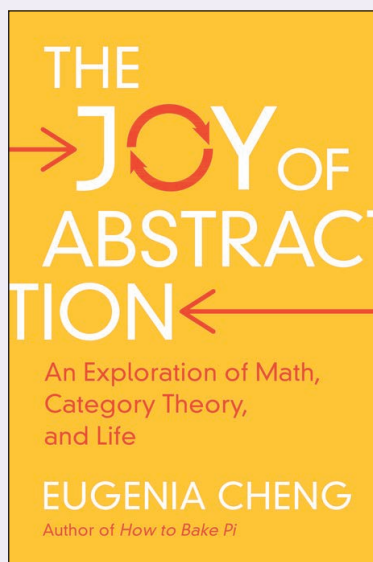
Introduction;

1. Battle Blood; 2. Transitional Bleeding in Early Modern England; 3. Blood in Motion, or The Physics of Blood Flow; 4. 'Dracula', Blood, and the New Woman: Stoker's Reflections on the Zeitgeist; 5. Blood Lines of the British People; 6. Heroes and Villains of Blood; 7. Cold Blood: Some Ways by which Animals Cope with Low Temperatures; 8. Blood Sculptures; Index.

### ADDITIONAL INFORMATION

*Level:* General readers, academic researchers

*Series:* [Darwin College Lectures](#)



September 2022

228 x 152 mm 438pp

978-1-108-47722-2 Hardback

£20.00 / US\$25.99

## THE JOY OF ABSTRACTION

*An Exploration of Math, Category Theory, and Life*

Eugenia Cheng

School of the Art Institute of Chicago

Martin Jones

University of Cambridge

Mathematician and popular science author Eugenia Cheng is on a mission to show you that mathematics can be flexible, creative, and visual. This joyful journey through the world of abstract mathematics into category theory will demystify mathematical thought processes and help you develop your own thinking, with no formal mathematical background needed. The book brings abstract mathematical ideas down to earth using examples of social justice, current events, and everyday life – from privilege to COVID-19 to driving routes. The journey begins with the ideas and workings of abstract mathematics, after which you will gently climb toward more technical material, learning everything needed to understand category theory, and then key concepts in category theory like natural transformations, duality, and even a glimpse of ongoing research in higher-dimensional category theory. For fans of *How to Bake Pi*, this will help you dig deeper into mathematical concepts and build your mathematical background.

### KEY FEATURES

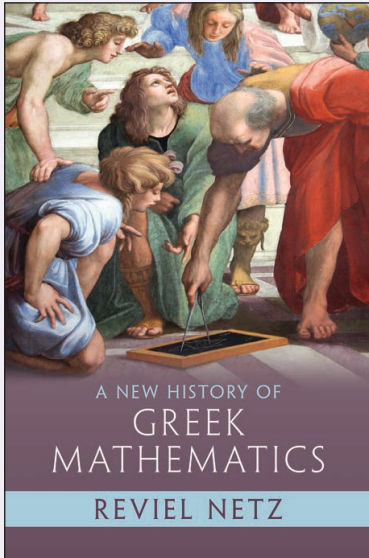
- Demystifies mathematical thought processes, helping readers develop mathematical thinking even if they have no mathematical background
- Provides further insight into the mathematical concepts and examples presented in Cheng's *How to Bake Pi*, gently building on those simple ideas to develop more formal mathematics
- Features examples from life, not just from other areas of mathematics, showing how math is relevant to social and political questions
- Includes 'Things to think about' boxes with full explanations, a glossary, and footnotes with informal reminders for readers getting used to the material and terminology
- Provides diagrams to help readers who are visual thinkers absorb the material
- Prepares readers with no formal mathematical training for more traditional mathematical textbooks

### CONTENTS

Prologue; **Part I.** Building Up to Categories: 1. Categories: the idea; 2. Abstraction; 3. Patterns; 4. Context; 5. Relationships; 6. Formalism; 7. Equivalence relations; 8. Categories: the definition; Interlude: A Tour of Math; 9. Examples we've already seen, secretly; 10. Ordered sets; 11. Small mathematical structures; 12. Sets and functions; 13. Large worlds of mathematical structures; **Part II.** Doing Category Theory: 14. Isomorphisms; 15. Monics and epics; 16. Universal properties; 17. Duality; 18. Products and coproducts; 19. Pullbacks and pushouts; 20. Functors; 21. Categories of categories; 22. Natural transformations; 23. Yoneda; 24. Higher dimensions; 25. Epilogue: thinking categorically; Appendices: A. Background on alphabets; B. Background on basic logic; C. Background on set theory; D. Background on topological spaces; Glossary; Further reading; Acknowledgements; Index.

### ADDITIONAL INFORMATION

*Level:* Amateurs/enthusiasts, undergraduate students, general readers



## A NEW HISTORY OF GREEK MATHEMATICS

**Reviel Netz**

Stanford University, California

The ancient Greeks played a fundamental role in the history of mathematics and their ideas were reused and developed in subsequent periods all the way down to the scientific revolution and beyond. In this, the first complete history for a century, Reviel Netz offers a panoramic view of the rise and influence of Greek mathematics and its significance in world history. He explores the Near Eastern antecedents and the social and intellectual developments underlying the subject's beginnings in Greece in the fifth century BCE. He leads the reader through the proofs and arguments of key figures like Archytas, Euclid and Archimedes, and considers the totality of the Greek mathematical achievement which also includes, in addition to pure mathematics, such applied fields as optics, music, mechanics and, above all, astronomy. This is the story not only of a major historical development, but of some of the finest mathematics ever created.

**August 2022**

228 x 152 mm c.500pp

58 b/w illus. 2 maps

978-1-108-83384-4 Hardback

£34.99 / US\$44.99

### KEY FEATURES

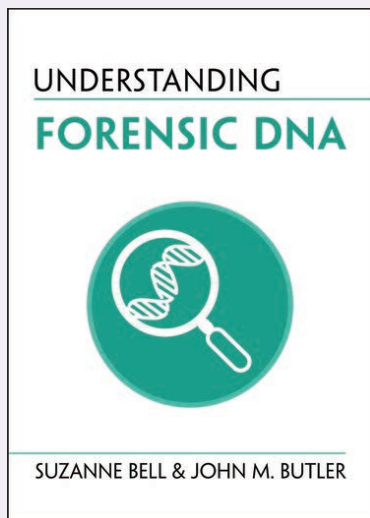
- The first complete history of Greek mathematics and its subsequent influence for a century
- Assumes no more prior knowledge of mathematics than a reader would obtain at secondary school
- Engages the reader with the details of the mathematical proofs and arguments

### CONTENTS

1. To the Threshold of Greek Mathematics; 2. The Generation of Archytas; 3. The Generation of Archimedes; 4. Mathematics in the World; 5. Mathematics of the Stars; 6. The Canonization of Greek Mathematics; 7. Into Modern Science: The Legacy of Greek Mathematics.

### ADDITIONAL INFORMATION

*Level:* Academic researchers, graduate students, general readers



September 2022

178 x 127 mm c.150pp

978-1-00-904401-1 Paperback

£11.99 / US\$14.95

## UNDERSTANDING FORENSIC DNA

Suzanne Bell

West Virginia University

John M. Butler

National Institute of Standards and Technology (NIST) in Gaithersburg, MD

Forensic DNA analysis plays a central role in the judicial system. A DNA sample can change the course of an investigation with immense consequences. Because DNA typing is recognized as the epitome of forensic science, increasing public awareness in this area is vital. Through several cases, examples and illustrations, this book explains the basic principles of forensic DNA typing, and how it integrates with law enforcement investigations and legal decisions. Written for a general readership, *Understanding Forensic DNA* explains both the power and the limitations of DNA analysis. This book dispels common misunderstandings regarding DNA analysis and shows how astounding match probabilities such as one-in-a-trillion are calculated, what they really mean, and why DNA alone never solves a case.

### KEY FEATURES

- Provides a concise and easily understandable description of DNA typing used in forensic science, from the collection of samples through to their analysis and interpretation
- Describes advances in DNA typing techniques and clearly explains how these methods are used in investigations, court cases, missing person cases, and historical cases
- Challenges common misconceptions on the power and the limitations of current and emerging DNA technologies using case examples

### CONTENTS

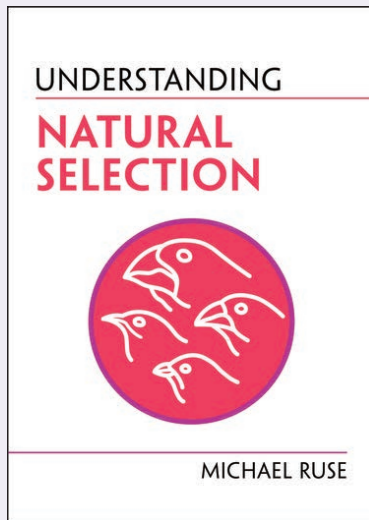
1. Biological identification; 2. Before DNA; 3. First generation Forensic DNA; 4. STR methods and Loci; 5. DNA analysis and interpretation: Single-source samples and simple mixtures; 6. The curse of sensitivity; 7. From mothers and fathers; 8. Emerging technologies; 9. Emerging issues.

### ADDITIONAL INFORMATION

*Level:* General readers, undergraduate students, graduate students

*Series:* [Understanding Life](#)





**November 2022**

178 x 127 mm c.225pp

978-1-00-908832-9 Paperback

c. £11.99 / c. US\$14.95

## UNDERSTANDING NATURAL SELECTION

**Michael Ruse**

University of Guelph, Ontario

Natural selection, as introduced by Charles Darwin in the *Origin of Species* (1859), has always been a topic of great conceptual and empirical interest. This book puts Darwin's theory of evolution in historical context showing that, in important respects, his central mechanism of natural selection gives the clue to understanding the nature of organisms. Natural selection has important implications, not just for the understanding of life's history – single-celled organism to man – but also for our understanding of contemporary social norms, as well as the nature of religious belief. The book is written in clear, non-technical language, appealing not just to philosophers, historians, and biologists, but also to general readers who find thinking about important issues both challenging and exciting.

### KEY FEATURES

- Part of the *Understanding Life* series, discussions are clear, non-technical and jargon-free, making it accessible to the non-expert
- Provides a comprehensive explanation of an important and often misunderstood concept and its full ramifications
- Covers broader issues of science and culture in relation to the notion that evolutionary biology threatens cultural mores and religion

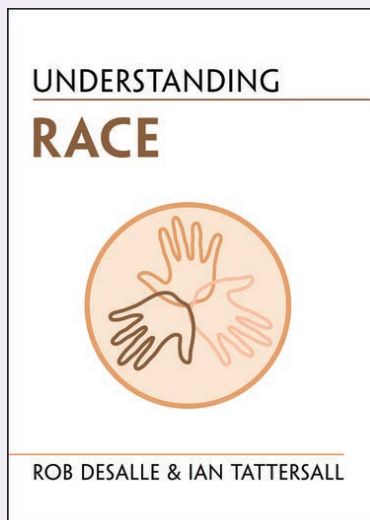
### CONTENTS

Introduction; 1. The origin of species; 2. Organism and mechanism: rival root metaphors; 3. 'The non-Darwinian revolution?'; 4. The synthesis; 5. Is natural selection a vera causa?; 6. The positive case; 7. Time for a change?; 8. Natural selection and its discontents; Envoi; Index.

### ADDITIONAL INFORMATION

*Level:* General readers, undergraduate students, graduate students

*Series:* [Understanding Life](#)



July 2022

178 x 127 mm 188pp

978-1-00-905558-1 Paperback

£11.99 / US\$14.95

## UNDERSTANDING RACE

**Rob DeSalle**

American Museum of Natural History, New York

**Ian Tattersall**

American Museum of Natural History, New York

The human species is very young, but in a short time it has acquired some striking, if biologically superficial, variations across the planet. As this book shows, however, none of those biological variations can be understood in terms of discrete races, which do not actually exist as definable entities. Starting with a consideration of evolution and the mechanisms of diversification in nature, this book moves to an examination of attitudes to human variation throughout history, showing that it was only with the advent of slavery that considerations of human variation became politicized. It then embarks on a consideration of how racial classifications have been applied to genomic studies, demonstrating how individualized genomics is a much more effective approach to clinical treatments. It also shows how racial stratification does nothing to help us understand the phenomenon of human variation, at either the genomic or physical levels.

### KEY FEATURES

- Addresses common misunderstandings about race in an accessible and rational way for the general reader
- Explains why races are purely cultural constructs and do not result from any acceptable form of taxonomic analysis of our species, helping readers to understand why race is not a useful or even justifiable way of understanding human variation
- Clarifies why dividing our species into races is entirely unhelpful for demographic, medical, sociological or other analyses

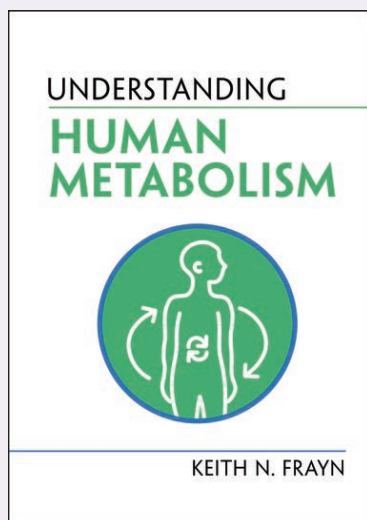
### CONTENTS

1. The evolutionary background; 2. Race before evolutionary theory; 3. Race after Darwin;
4. Race in the era of genetics and genomics; 5. Variation in genomes, and how humans took over the world; 6. Clustering and treeing; 7. Race in medicine and complex phenotypic studies;
8. Human adaptations; 9. Race, science and pseudoscience.

### ADDITIONAL INFORMATION

*Level:* General readers, undergraduate students, graduate students

*Series:* [Understanding Life](#)



**August 2022**

178 x 127 mm c.150pp

978-1-00-910007-6 Hardback

£39.99 / US\$49.99

## UNDERSTANDING HUMAN METABOLISM

**Keith N. Frayn**

University of Oxford, Emeritus

Does eating more carbohydrates, or fats, cause one to put on more weight? Are ketone bodies toxins or vital products that keep us alive during starvation? Does the concept of 'fat-burning exercise' hold true? In this game-changing book, Keith Frayn, an international expert in human metabolism and nutrition, dispels common misconceptions about human metabolism, explaining in everyday language the important metabolic processes that underlie all aspects of our daily lives. Illustrated throughout with clear diagrams of metabolic processes, Frayn describes the communication systems that enable our different organs and tissues to cooperate, for instance in providing fuel to our muscles when we exercise, and in preserving our tissues during fasting. He explores the impressive adaptability of human metabolism and discusses the metabolic disorders that can arise when metabolism 'goes wrong'. For anyone sceptical of information about diet and lifestyle, this concise book guides the reader through what metabolism really involves.

### KEY FEATURES

- Outlines just how wide-ranging the science of human metabolism is, correcting the view that 'human metabolism' just refers to why someone becomes overweight or lean
- Explains how our metabolism adapts to many different scenarios, such as fasting, feeding and exercise, providing readers with a basis for understanding the internal workings of their own bodies
- Gives for the first time a clear explanation of how different nutrients interact within our tissues, dispelling any belief that individual nutrients can be considered in isolation and helping readers to approach critically the many writings about diet and lifestyle

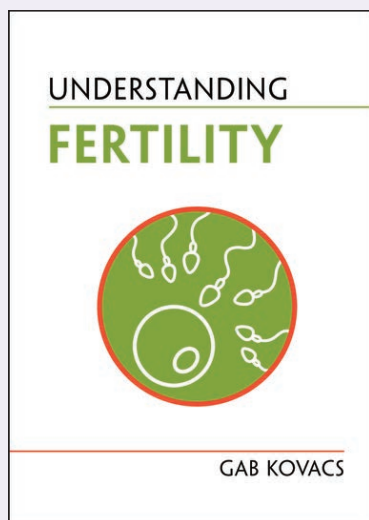
### CONTENTS

Foreword; Preface; Acknowledgements; 1. What is metabolism?; 2. Metabolic fuels; 3. Metabolic pathways; 4. Communication systems in human metabolism; 5. ATP, the common currency of metabolic energy; 6. Metabolism in daily life; 7. Metabolism is so adaptable; 8. Metabolic interactions between nutrients; 9. Metabolic disorders; Concluding remarks; Summary of common misunderstandings; Index.

### ADDITIONAL INFORMATION

*Level:* General readers, medical specialists/consultants, academic researchers

*Series:* [Understanding Life](#)



August 2022

178 x 127 mm c.150pp

978-1-316-51162-6 Hardback

£39.99 / US\$49.99

## UNDERSTANDING FERTILITY

Gab Kovacs

Monash University Medical School

Infertility can have devastating physical, emotional and financial effects on people affected. It is a common problem, but can be hard to talk about, and hard to understand. In this concise book, Dr Kovacs, a reproductive gynaecologist who has spent the past 40 years working with patients facing fertility problems, focuses on and unpicks key misconceptions. In his clear explanations, he covers the basic physiology of conceiving, and describes the areas that have to be explored for those who have not yet been able to conceive. Specific chapters cover the three major problem areas: lack of releasing eggs, sperm problems, and abnormalities of the female passages. Treatment options are discussed for each of these areas, including technical details and a brief readable overview of their history. The many ways of parenting which are now available are also detailed. This is a recommended read for couples wanting to conceive, their friends and families, and anyone who wants to understand fertility.

### KEY FEATURES

- Explains in simple terms how conception occurs and how to investigate if it does not
- Gives a clear review of treatment options, enabling couples to undertake a risk-benefit analysis for each treatment
- Covers some of the sociological aspects of reproductive options in the 21st century, giving readers a better understanding of the new methods of parenting

### CONTENTS

Foreword;

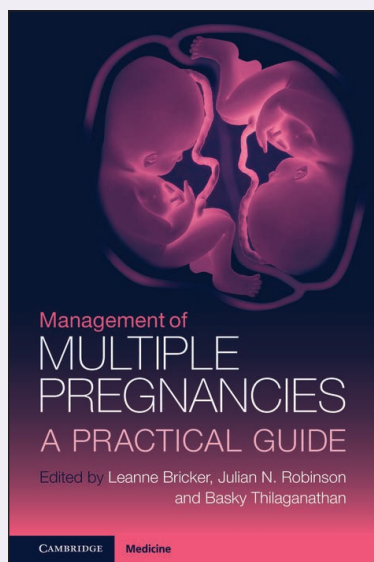
Preface;

1. How does conception occur and why have I not got pregnant?; 2. Is the male partner fertile, and if not, can we improve his sperm? What other options are there?; 3 Physiology of the menstrual cycle, and treatment for not ovulating; 4. Are my uterus or my tubes stopping me getting pregnant?; 5. Unexplained (idiopathic) infertility; 6. What is IVF and what does it entail? 7. Fertility preservation and other reproductive options; 8. Is it mind over matter?; Concluding remarks; Summary of common misunderstandings; Index.

### ADDITIONAL INFORMATION

*Level:* General readers, medical specialists/consultants, specialist medical trainees

*Series:* [Understanding Life](#)



**September 2022**  
 234 x 156 mm c.288pp  
 978-1-108-84319-5 Hardback  
 £49.99 / US\$64.99

# MANAGEMENT OF MULTIPLE PREGNANCIES

*A Practical Guide*

**Leanne Bricker**  
 Corniche Hospital, Abu Dhabi

**Julian N. Robinson**  
 Brigham & Women’s Hospital,  
 Boston

**Baskaran  
 Thilaganathan**  
 St George’s Hospital Medical  
 School, University of London

Multiple pregnancies are associated with higher risks for both mother and babies. Women with multiple pregnancies have an increased risk of miscarriage, anemia, hypertensive disorders, haemorrhage, and postnatal illness. These pregnancies are more likely to need an operative delivery, and maternal mortality is generally 2.5 times that of singleton births. Fetuses are at increased risk for anatomic and genetic anomalies, growth abnormalities, prematurity, and several physiological problems related to monochorionicity. This book provides a much needed, up-to-date guide to the management of multiple pregnancies. Presented with a uniform approach to all chapters, information is easily navigable, evidence-based, and highly practical. Heavily illustrated, particularly with ultrasound images – the cornerstone of management of multiple pregnancies – this book will appeal to obstetricians and specialists in maternal-fetal medicine, midwives and ultrasonographers and will improve outcomes for mothers and babies.

## KEY FEATURES

- Maternal mortality associated with multiple births is 2.5 times that for singleton births – this book will provide a much-needed, up-to-date practical guide to the management of multiple births
- Heavily illustrated – particularly with ultrasound images, which are the cornerstone of management of multiple pregnancies
- Written in a uniform way to ease navigation for the reader; chapters are practical and evidence-based with key points and management flow-charts

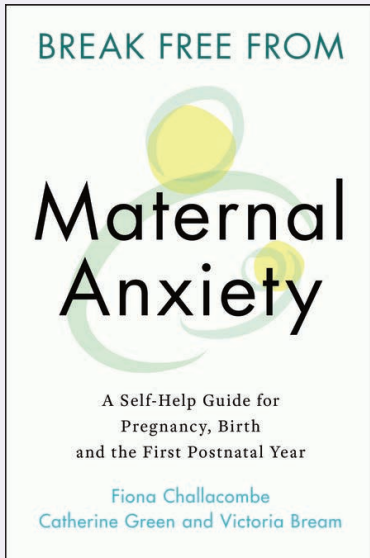
## CONTENTS

1. Epidemiology of multiple pregnancy; 2. Assisted conception and multiple pregnancy: strategies to reduce rates; 3. Zygosity, chorionicity and amnionicity; 4. Multifetal pregnancy reduction; 5. Gestational dating in multiple pregnancy; 6. Screening for fetal aneuploidy in multiple pregnancy; 7. Screening for fetal abnormality in multiple pregnancy; 8. Screening and diagnosis of complications of shared placentation; 9. Invasive prenatal diagnosis in multiple pregnancy; 10. Conjoined twinning: diagnosis and management; 11. Management of discordant fetal anomaly; 12. Single and double fetal loss in twin pregnancy; 13. Management of twin-twin transfusion syndrome; 14. Management of twin anemia-polycythemia sequence; 15. Management of Twin Reversed Arterial Perfusion (TRAP) sequence; 16. Management of fetal growth pathology in multiple pregnancy; 17. Management of monoamniotic twins; 18. Maternal complications in multiple pregnancy; 19. Risk-assessment and screening for preterm birth in multiple pregnancy; 20. Prevention of preterm birth in multiple pregnancies; 21. Optimal antenatal care in multiple pregnancy; 22. Triplet and higher order pregnancy: special considerations; 23. Timing of delivery in multiple pregnancy; 24. Mode of delivery in multiple pregnancy; 25. Practical management of vaginal birth in multiple pregnancy; 26. Neonatal care aspects of multiple pregnancy; 27. Lifestyle considerations for multiple pregnancy; 28. Emotional and mental wellbeing in multiple pregnancy; 29. New frontiers in multiple pregnancy management; 30. Multiple pregnancy resources for professionals and public; 31. Obstetric anaesthesia in multiple pregnancy.

## ADDITIONAL INFORMATION

*Level:* Medical specialists/consultants





**September 2022**  
 229 x 152 mm c.300pp  
 978-1-108-82313-5 Paperback  
 £12.99 / US\$16.95

# BREAK FREE FROM MATERNAL ANXIETY

*A Self-Help Guide for Pregnancy, Birth and the First Postnatal Year*

**Fiona Challacombe**  
 King's College London

**Catherine Green**  
 South West London and  
 St George's Mental Health  
 NHS Trust

**Victoria Bream**  
 Oxford Health NHS  
 Foundation Trust

Severe anxiety affects a huge number of women in pregnancy and the postnatal period, making a challenging time even more difficult. You may be suffering from uncontrollable worries about pregnancy and birth, distressing intrusive thoughts of accidental or deliberate harm to the baby, or fears connected to traumatic experiences. This practical self-help guide provides an active route out of feeling anxious. Step-by-step, the book teaches you to apply cognitive behaviour therapy (CBT) techniques in the particular context of pregnancy and becoming a new parent in order to overcome maternal anxiety in all its forms. Working through the book you will gain understanding of your anxiety and how factors from the past and present may be playing a role in how you feel. Together with practical exercises and worksheets to move through at your own pace, you will gain the tools you need to help you move forward and enjoy parenthood.

## KEY FEATURES

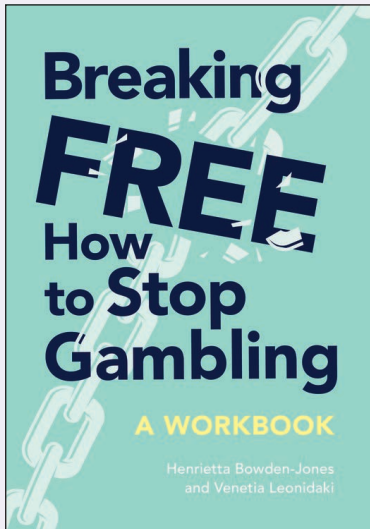
- Provides a practical manual to help navigate mothers out of perinatal anxiety through which readers will not only feel understood but will also gain the knowledge to resolve their difficulties
- Covers a wide range of presentations commonly found in the perinatal period and offers tools for all the commonly occurring forms of perinatal anxiety
- Written in a clear and accessible format with examples and worksheets allowing the reader to chart their progress towards individualised goals

## CONTENTS

1. Introduction; 2. Persistent and distressing worry; 3. Unwanted intrusive thoughts of harm; 4. Specific phobias affecting pregnancy and the postnatal period; 5. Panic attacks and health worries; 6. Feeling anxious around other people; 7. Coping with traumatic experiences while pregnant and after birth; 8. Anxiety about pregnancy and birth; 9. Anxiety and adjusting to motherhood; 10. Beyond the postnatal period: taking your new anti-anxiety skills forward into parenthood.

## ADDITIONAL INFORMATION

*Level:* General readers, medical specialists/consultants



June 2022

254 x 178 mm 158pp

978-1-911623-92-2 Paperback

£12.99 / US\$16.95

## BREAKING FREE

*How To Stop Gambling*

**Henrietta Bowden-Jones OBE**

National Problem Gambling Clinic, London

**Venetia Leonidaki**

National Problem Gambling Clinic, London

Have you ever lied about your gambling habits to anyone, or tried to conceal the fact you've gambled? Have you ever bet more than you could afford to lose, or gone back the next day to try and win back the money you've lost? Your gambling may be becoming problematic and it's time to seek help. *Breaking Free: How to Stop Gambling* is a self-help workbook, packed full of practical exercises, worksheets and questionnaires, designed to help you assess the extent of your gambling problem, and develop strategies to combat it. The materials use a cognitive behavioural therapy (CBT) approach to guide you through practical steps and techniques that can help you take back control of your habit. All of the materials have been developed by leading experts in the field and are evidence-based interventions, and are designed to help you to break free from your gambling problem.

### KEY FEATURES

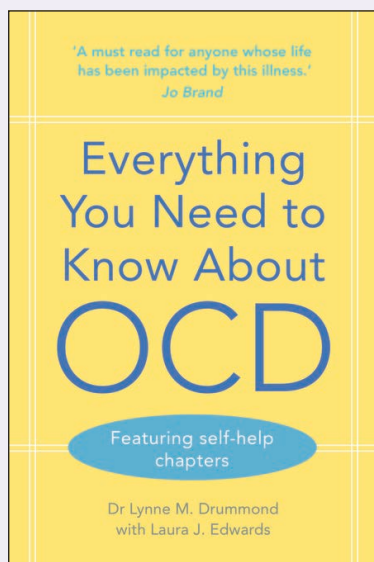
- The book places more emphasis on practical exercises and worksheets than other similar books, making it a workbook that is practically-oriented and easier to read
- Worksheets are informed by evidence-based literature and over ten years of clinical experience accumulated in the National Problem Gambling Clinic
- Written by leading experts in this field

### CONTENTS

Preface; 1. Introduction; 2. How do I know if I have a gambling problem?; 3. I should quit but I don't want to: increasing motivation; 4. 'Buying Time': limiting access to money and gambling; 5. How gambling hijacks your brain; 6. Retraining the brain: rewarding yourself; 7. Coping with cravings and urges; 8. 'Catching' and limiting triggers early; 9. Things to do when you don't gamble; 10. The thinking traps driving gambling; 11. Challenging gambling thinking and beliefs; 12. How to get back on track after a slip; 13. Don't 'switch on' the auto-pilot: future planning; 14. How important others can help; 15. Final Remarks; Appendix.

### ADDITIONAL INFORMATION

*Level:* General readers, medical specialists/consultants, primary care physicians/GPs



June 2022

June 2022 229 x 152 mm 322pp

978-1-00-900194-6 Paperback

£12.99 / US\$15.95

## EVERYTHING YOU NEED TO KNOW ABOUT OCD

Lynne M. Drummond

South West London and St George's Mental Health NHS Trust

Laura J. Edwards

Do you ever find yourself overwhelmed by troublesome and persistent thoughts that make you feel anxious? Do you feel an urge to wash your hands repeatedly, or check appliances over and over, to help ease your anxiety? Do you feel panicked about what might happen if you did not perform these rituals? You may be struggling with Obsessive Compulsive Disorder (OCD). OCD is a common, yet distressing condition, but one that is responsive to modern treatments. *Everything You Need to Know About OCD* gives you a comprehensive insight in to this condition, how to spot symptoms of it in yourself or a loved one, and outlines the treatment options available. The book features self-help chapters that guide you through Graded Exposure therapy, a highly effective psychological treatment for OCD. These chapters will equip you with strategies to banish unwanted thoughts and help you regain control of your life.

### KEY FEATURES

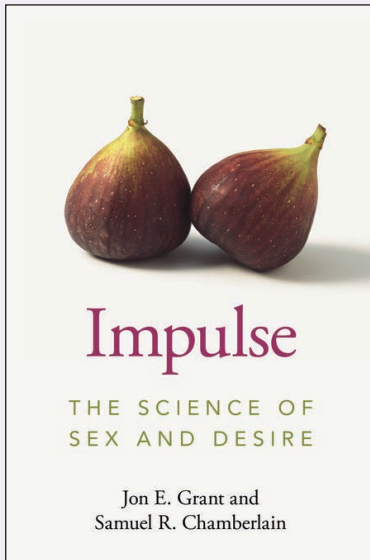
- Examines evidence for both psychological and pharmacological treatments for OCD. This book describes and encourages familiarity in all possible approaches to OCD treatment. Also offers a discussion of surgical treatment options
- Evaluates pros and cons of various treatment options, to help you make the best choice for your recovery
- Features self-help chapters that guide you through Graded Exposure Therapy, with techniques that you can practice from your own home
- Written using decades of clinical experience in treating OCD
- Clinical examples and case histories make the points easier to read and understand

### CONTENTS

Preface; 1. What Is OCD and Is It Really a Problem?; 2. Who Gets OCD and How Would Anyone Know If They Had It?; 3. Types and Presentation of OCD; 4. Drug Treatment; 5. Exposure and Response Prevention for OCD; 6. Children and Adolescents with OCD; 7. Old Treatments, Modern Developments, New Research, and Potential Treatments for the Future; 8. Other Conditions Which Appear Similar to OCD; 9. What Can Family and Carers Do to Help a Person with OCD; 10. What can you do to help cope with your OCD?; 11. General Principles of Treatment; 12. How to Better Manage Your Symptoms Before and During Treatment; 13. Overcoming Fears of Contamination; 14. Fear of harm to self or others due to failure to act appropriately (fear of harm through an act of omission) and trying to obtain the 'just right' feeling and doubting the memory; 15. Fear of harm to self or others due to your own actions (or thoughts); 16. Overcoming 'Taboo' Obsessive Thoughts; 17. Loss of something (objects or part of 'self'); 18. Overcoming Obsessive-Compulsive Slowness, Perfectionism and Symmetry; 19. Overcoming Obsessive Ruminations (Sometimes known as Pure 'O'); 20. When the treatment doesn't go according to plan or even if it does, what to do next; Glossary; Resources; References.

### ADDITIONAL INFORMATION

*Level:* General readers, primary care physicians/GPs, specialist medical trainees



January 2023

198 x 129 mm c.250pp

978-1-00-910797-6 Paperback

£12.99 / US\$14.95

## IMPULSE

*The Science of Sex and Desire*

**Jon E. Grant**

University of Chicago

**Samuel R. Chamberlain**

University of Cambridge

Sex is everywhere in modern society, yet it remains taboo. We all have questions about sex that are too uncomfortable to ask – how do we get reliable answers? In this go-to guide Drs Grant and Chamberlain use their clinical expertise to answer the questions you wish you could ask about sex. Questions like: Is my sex drive or sex behavior normal? Can someone have too much sex? Or too little? How has Internet dating and pornography changed sex? This go-to guide will help you understand common sexual issues, know when to worry (or not) about different sexual behaviors, and learn how our sex lives adapt to changing technology or in times of crisis. It also provides step-by-step advice for dealing with a range of sexual issues, and practical strategies for strengthening relationships.

### KEY FEATURES

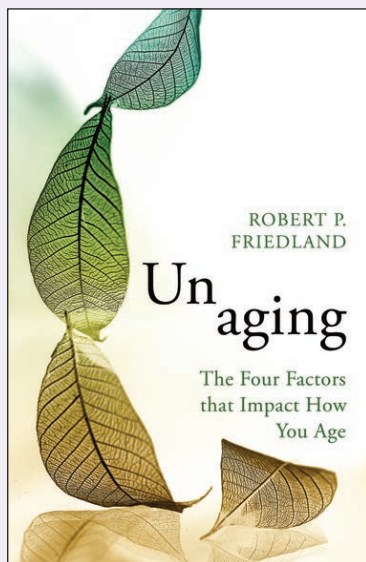
- Examines the latest clinical and neuroscience evidence and offers an accurate and informed understanding of sex
- Real-life stories aid understanding of sexual experiences that are common but rarely talked about
- Provides practical advice for a variety of sexual issues, helping people to understand the diverse nature of sex, when to worry (or not) and how to seek help about sexual issues when they occur

### CONTENTS

1. Introduction;
2. Sex and Desire;
3. Development Issues Around Sex;
4. Healthy Sex;
5. Too Little Sex;
6. Too Much Sex;
7. Sex and Physical Health;
8. Drinking, Drugs, and Sex;
9. Relationship Problems;
10. Sex and Digital Technology;
11. Diverse Aspects of Sex;
12. Sex and Pandemics; Appendix – List of Resources; Index.

### ADDITIONAL INFORMATION

*Level:* Medical specialists/consultants, professionals



September 2022

198 x 129 mm 344pp

978-1-00-908774-2 Paperback

£14.99 / US\$19.95

## UNAGING

*The Four Factors that Impact How You Age*

Robert P. Friedland

University of Louisville School of Medicine

Aging is a subject of concern to everyone, but is widely misunderstood. If we view it as inevitable, we miss the fact that not everyone is able to grow to an old age. Realization of this reality helps us to understand that aging presents a wonderful opportunity – an opportunity to make choices about how we live which can enhance the aging process and offer a chance to live to our potential. This book clearly presents the four, multiple reserve, factors (cognitive, physical, psychological and social) which impact our ability to have healthy responses to the stresses of aging. By giving the biological basis for the advice given, you will learn the steps to take in your activities, diet and mental outlook to grasp the opportunity that aging offers. Everyone must know that what we do makes a difference.

### KEY FEATURES

- Clearly presents what happens when we age, allowing readers to understand age-related changes and what is healthy and what can be avoided or treated
- Reveals the role of evolution in human aging and why our modern life impacts how we age
- Details what we can do to enhance optimal aging, giving us tools to adjust activities and behaviors to age well

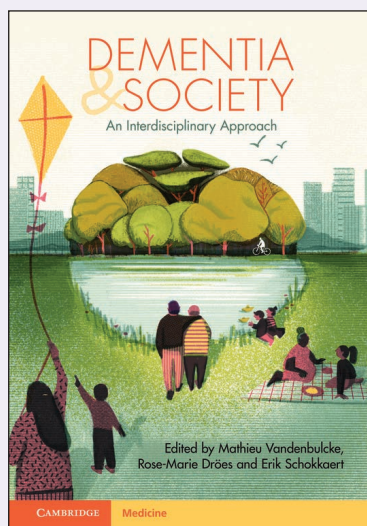
### CONTENTS

List of Figures and Tables; Preface; **Part I.** Foundations: What Do We Need to Know About Optimal Aging?: 1.1 Aging is not inevitable, it is an opportunity; 1.2 The theory of the multiple reserve factors; 1.3 The Brain is not an organ, it is the Master; 1.4 Memory and cognition; 1.5 The neurodegenerative diseases of aging; 1.6 Stroke and vascular cognitive impairment; 1.7 Other dementias; 1.8 Our microbiota and how to do gene therapy in the kitchen; 1.9 The health of the body and your physical reserve factor; 1.10 Depression, anxiety and what good is feeling bad?; 1.11 Genetics aren't everything; **Part II.** Applications: What Can We Do About the Opportunity of Aging?: 2.1 Overview; 2.2 Physical activity; 2.3 Whole body health; 2.4 Mental activity; 2.5 Psychological measures; 2.6 Social factors; 2.7 Dealing with stress; 2.8 Sleep; 2.9 Diet; 2.10 Microbial considerations; 2.11 Dental care; 2.12 Dealing with Doctors and Drugs; 2.13 Hazardous behaviors; 2.14 Toxic exposures; **Part III.** Conclusions; 3.1 Considerations for Society and the Future of Aging; 3.2 Our Attitude and the Opportunity of Aging; Acknowledgments; Glossary; Endnotes; Index.

### ADDITIONAL INFORMATION

*Level:* General readers, medical specialists/consultants, academic researchers





June 2022

254 x 178 mm c.288pp

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£74.99 / US\$99.99

## DEMENTIA AND SOCIETY

**Mathieu Vandenbulcke**

KU Leuven, Belgium

**Rose-Marie Dröes**

Amsterdam University Medical Centre

**Erik Schokkaert**

KU Leuven, Belgium

Dementia is increasingly being recognised as a public health priority and poses one of the largest challenges we face as a society. At the same time, there is a growing awareness that the quest for a cure for Alzheimer’s disease and other causes of dementia needs to be complemented by efforts to improve the lives of people with dementia. To gain a better understanding of dementia and of how to organize dementia care, there is a need to bring together insights from many different disciplines. Filling this knowledge gap, this book provides an integrated view on dementia resulting from extensive discussions between world experts from different fields, including medicine, social psychology, nursing, economics and literary studies. Working towards a development of integrative policies focused on social inclusion and quality of life, *Dementia and Society* reminds the reader that a better future for persons with dementia is a collective responsibility.

### KEY FEATURES

- Focuses on the social side of dementia, in contrast to most texts on the subject, which are written from a biomedical perspective. This makes the text more accessible and informative for a broad audience
- Results from extensive communication between disciplines and includes diverse viewpoints which promote a more nuanced and integrated approach to the care of patients with dementia
- Beautiful illustrations and poems complement the text, giving readers an artistic insight into the topics discussed in the text

### CONTENTS

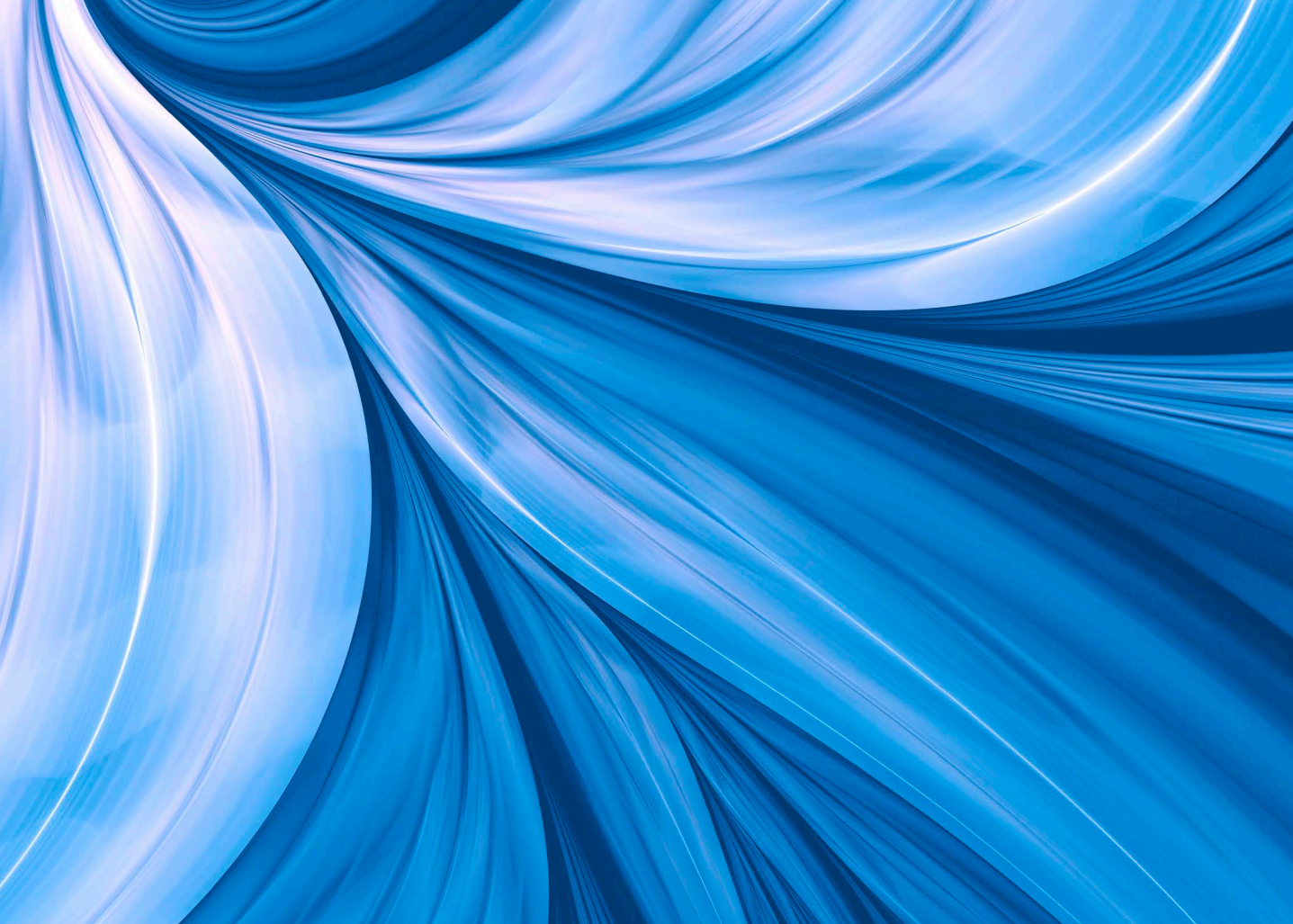
Introduction: Mathieu Vandenbulcke; 1. Different perspectives on dementia; 2. From history to intervention: a socio-cultural analysis of dementia stigma; 3. Personhood, identity, and autonomy; 4. Living meaningfully with dementia; 5. Quality of life of persons with dementia: different disciplinary perspectives; 6. Living with dementia: relationships, intimacy, sexuality, and care; 7. Informal care for persons with dementia: characteristics and evidence-based support interventions; 8. Risk factors and non-pharmacological prevention of dementia; 9. An empowering dementia environment; 10. The impact of the covid-19 pandemic on the well-being of people living with dementia; 11. Care planning and the lived experience of dementia: establishing real will and preferences beyond mental capacity; 12. Societal and ethical views on end-of-life decisions in; 13. Driving and; 14. Social and private costs of dementia care.

### ADDITIONAL INFORMATION

*Level:* Medical specialists/consultants

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