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AUTUMN / WINTER 2024

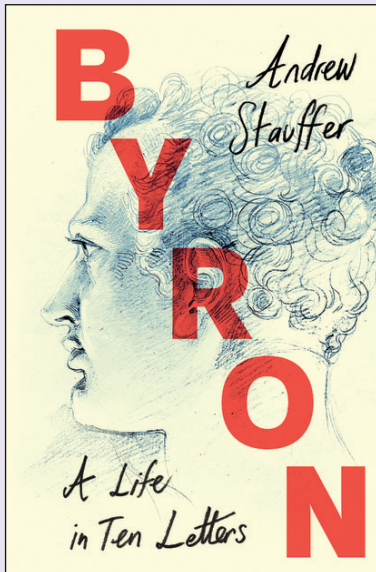


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UNIVERSITY PRESS



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January 2024

224 x 149 mm 300pp

9781009200165

Hardback £25.00

BYRON: A LIFE IN TEN LETTERS

Andrew Stauffer

University of Virginia

Lord Byron was the most celebrated of all the Romantic poets. Troubled, handsome, sexually fluid, disabled, and transgressive, he wrote his way to international fame – and scandal – before finding a kind of redemption in the Greek Revolution. He also left behind the vast trove of thrilling letters (to friends, relatives, lovers, and more) that form the core of this remarkable biography. Published to coincide with the 200th anniversary of Byron's death, and adopting a fresh approach, it explores his life and work through some of his best, most resonant correspondence. Each chapter opens with Byron's own voice – as if we have opened a letter from the poet himself – followed by a vivid account of the emotions and experiences that missive touches. This gripping life traces the meteoric trajectory of a poet whose brilliance shook the world and whose legacy continues to shape art and culture to this day.

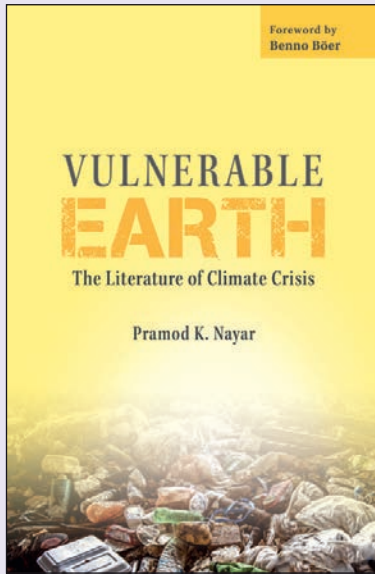
KEY FEATURES

- **Gripping:** Lord Byron is arguably the most perennially alluring of all the Romantic poets
- **Satisfying:** a book that gives its readers a rich sense of Byron's whole life, and his continuing importance, studded as it is with anecdotes and quotations, all in a fresh and compact form
- **Immersive:** affords to its readers the singular pleasure of looking over the poet's shoulder and of imagining their own way into his life as one of his correspondents
- **Ground-breaking:** draws on the most recent research to reveal Byron as a modern figure with great relevance to our era, while also emphasizing the historical specifics of his own
- **Distinguished:** the author is one of the foremost Byron scholars writing in English
- **Timely:** released to coincide with the bicentennial of Byron's death, so much media interest

CONTENTS

Introduction; 1. A Spice of Every Thing: To Elizabeth Pigot, 26 October 1807, Trinity College, Cambridge; 2. The Air of Greece: To Henry Drury, 3 May 1810, Salsette Frigate in the Dardanelles off Abydos, Turkey; 3. Mad, Bad, and Dangerous to Know: To Lady Melbourne, 8 October 1813, Aston Hall, Rotherham, Yorkshire; 4. Fare Thee Well: To Lady Byron, 8 February 1816, 13 Piccadilly Terrace, London; 5. Haunted Summer: To Augusta Leigh, 8 September 1816, Villa Diodati, Cologny, near Geneva; 6. The Greenest Isle of My Imagination: To John Murray, 1 August 1819, Ravenna / Venice; 7. Strictest Adultery: To Countess Teresa Guiccioli, 7 December 1819, Venice; 8. A Funeral Pile: To Thomas Moore, 27 August 1822, Pisa; 9. To Join the Greeks: To John Cam Hobhouse, 7 April 1823, Casa Saluzzo, Albaro, near Genoa; 10. Pilgrim of Eternity: To John Murray, 25 February 1824, Messolonghi; After Byron.

Audio rights
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September 2024
 215pp
 9781009496919
 Hardback £105.00

VULNERABLE EARTH

The Literature of Climate Crisis

Pramod K. Nayar

University of Hyderabad, India

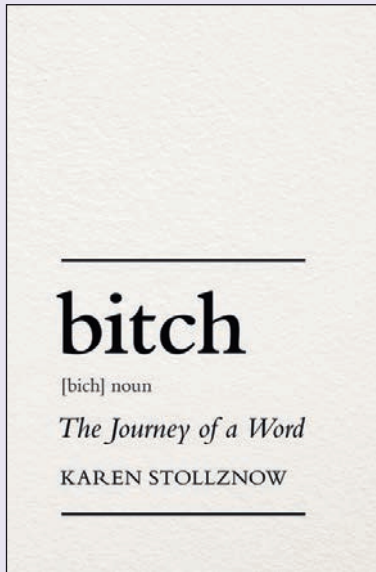
Vulnerable Earth is a study of the literature of climate crisis. Building on the assumption that the crisis is planetary in scope even if differential and unequal in effects, it examines literary fiction, graphic novels, memoirs about toxic wastes and neo-slavery narratives, mostly from the contemporary decades, but touching upon select antecedents as well, and from all over the world. The study covers texts that fictionalize a 'hydrocrisis', those that are concerned with species extinction and experimental solutions such as rewilding, fiction and memoirs that are interested in exploring the conversations between and across species in multispecies encounters and, finally, texts that show the linkage between social justice and environmental justice. Focusing on aesthetics, narrative modes and constructions of damaged, wasted and at-risk worlds, this book shows how the literature of climate crisis foregrounds a feature that humans and nonhumans, the living and the non-living share, differentially, with the planet: vulnerability.

KEY FEATURES

- Focuses on four aspects of the literature of climate crisis through readings of genres such as the memoir and fiction
- Moves across texts that demonstrate both bioregionalisms and cosmopolitanisms

CONTENTS

Preface; Acknowledgements; 1. Introduction: The Literature of Climate Crisis; 2. Hydropoetics: Fluid Fictions; 3. Extinction: After/Lives; 4. Creaturely Texts: Multispecies Encounters; 5. Justice Matters: Human and Nonhuman Toxiconomies; Bibliography; Index.



June 2024

216 x 140 mm 200pp

9781009392327

Hardback £70.00

BITCH

The Journey of a Word

Karen Stollznow

Griffith University, Queensland

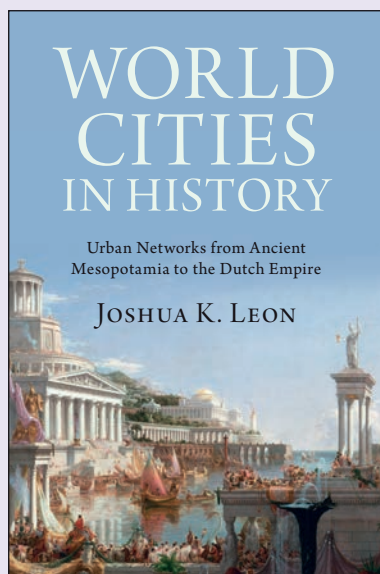
Bitch is a bitch of a word. It used to be a straightforward insult, but today – after so many variations and efforts to reject or reclaim the word – it's not always entirely clear what it means. Bitch is a chameleon. There are good bitches and bad bitches; sexy bitches and psycho bitches; boss bitches and even perfect bitches. This eye-opening deep-dive account takes us on a journey spanning a millennium, from its humble beginnings as a word for a female dog through to its myriad meanings today, proving that sometimes you can teach an old dog new tricks. It traces the colorful history and ever-changing meaning of this powerful and controversial word, and its relevance within broader issues of feminism, gender, race, and sexuality. Despite centuries of censorship and attempts to ban it, bitch has stood the test of time. You may wonder: is the word going away anytime soon? Bitch, please.

KEY FEATURES

- Provides a definitive linguistic history of the word 'bitch', from its origins as "a female dog" to its modern-day impact on feminism
- Explores the complex and evolving range of current meanings and shows how these change depending on the gender, race and sexuality of the speaker
- Draws upon a wide range of examples, from historical documents to TV series, and from dictionaries to social media

CONTENTS

1. Introduction; 2. The evolution of public contracting; 3. Public procurement; 4. Outcomes-based contracting; 5. Conclusion; Acknowledgements; References.



January 2025

345pp

9781009444972 Hardback

£Unknown yet

WORLD CITIES IN HISTORY

Urban Networks from Ancient Mesopotamia to the Dutch Empire

Joshua K. Leon

Iona University, New York

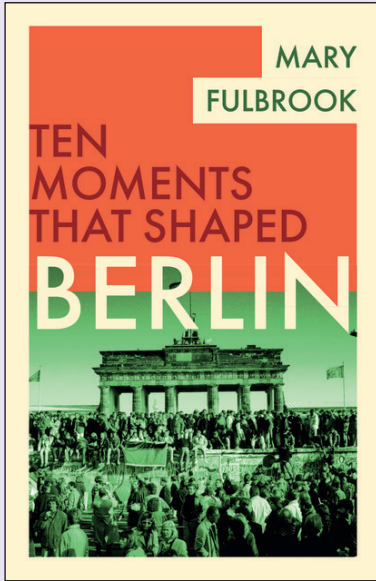
Joshua K. Leon explores 6,000 years of urban networks and the politics that drove them, from Uruk in the fourth millennium BCE to Amsterdam's seventeenth-century 'golden age.' He provides a fresh, interdisciplinary reading of significant periods in history, showing how global networks have shaped everyday life. Alongside grand architecture, art and literature, these extraordinary places also innovated ways to exert control over far-flung hinterlands, the labor of their citizens, and rigid class, race and gender divides. Asking what it meant for ordinary people to live in Athens, Rome, Chang'an, or Baghdad - those who built and fed these cities, not just their rulers - he offers one of the few fully rendered applications of world cities theory to historical cases. The result is not only vividly detailed and accessible, but an intriguing and theoretically original contribution to urban history.

KEY FEATURES

- Weaves together millennia of urban history to create a vivid picture of city life
- Uses an innovative, interdisciplinary approach to make a unique theoretical contribution to the field
- Accessible to a wide range of readers across history, political science, sociology and related fields

CONTENTS

1. Introduction; 2. Origins of urbanization: Mesopotamia; 3. Agora and Emporia: the Greek city-states; 4. Alexandria, alpha city; 5. City networks in the Roman Empire; 6. Tale of two Chang'ans: urban power in Han and Tang China; 7. City-state civilizations: Mesoamerica's urban revolution; 8. Baghdad: crossroads of the universe; 9. Italian communes and the rise of Venice; 10. Profit and power: the Hanseatic Network; 11. Urban power in the Dutch Empire; 12. Reflections: dangers ahead.



October 2024

254pp

9781009160940 Hardback

£39.99

BERLIN

Hybrids and the Greek Imagination

Mary Fulbrook

University College London

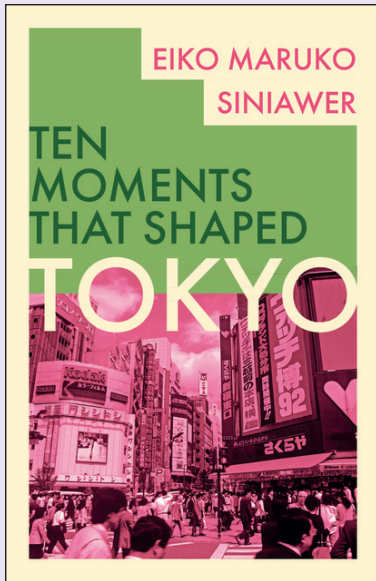
Now capital of the Federal Republic of Germany, Berlin rose from insignificant origins on swampy soil, becoming a city of immigrants over the ages. Through a series of ten vignettes, Mary Fulbrook discusses the periods and regimes that shaped its character – whether Prussian militarism; courtly culture and enlightenment; rapid industrialisation and expansion; ambitious imperialism; experiments with democracy; or repressive dictatorships of both right and left, dramatically evidenced in the violence of World War and genocide, and then in the Wall dividing Cold War Berlin. This book also presents Berlin's distinctive history as firmly rooted in specific places and sites. Statues and memorials have been erected and demolished, plaques displayed and displaced, and streets named and renamed in recurrent cycles of suppression or resurrection of heroes and remembrance of victims. This vivid and engaging introduction thus reveals Berlin's startling transformations and contested legacies through ten moments from critical points in its multi-layered history.

KEY FEATURES

- Provides a clear and engaging introduction to the whole of Berlin's history, setting the sites and memorials of the city into a long-term perspective
- Explores how concepts of 'Berlin' have been experienced, imagined and constructed over the centuries
- Outlines the shifting social demographics and physical scale of Berlin, illuminating the repeated transformations of the city

CONTENTS

Introduction: People, place, identity; 1. Foundational moments; 2. Courtly residence; 3. Absolutism and enlightenment; 4. Emerging powerhouse: from Napoleon to unification; 5. World city: Imperial Berlin; 6. Greater Berlin: the Weimar era; 7. Nazi Berlin: performance, persecution and destruction; 8. Double visions (1): Divided Berlin from the war to the Wall; 9. Double visions (2): Divided Berlin from the Wall to reunification; 10. Re-connection: United Berlin since 1990; Epilogue: forever changing, yet always Berlin; Index.



October 2024
 320pp
 9781108845762 Hardback
 £60.00

TOKYO

Eiko Maruko Siniawer

Williams College, Massachusetts

From sleepy fishing village to samurai capital to vibrant global metropolis, Eiko Maruko Siniawer takes readers through Tokyo's rich history, revealing four centuries of transformation deeply woven into its fabric. This accessible guide introduces a world of shoguns and Kabuki theater, riots and earthquakes, wartime devastation and reconstruction, booms and busts, bright lights and skyscrapers, all viewed through the lived experiences of those who have inhabited and shaped a city of distinctive neighborhoods and different personalities. Emphasizing the city's human heart, Siniawer conveys a vivid sense of time, culture, and place through ten moments that have shaped Tokyo's many lives.

KEY FEATURES

- An engaging introduction to four centuries of history, from the seventeenth to twenty-first century
- Shows how history is woven throughout the fabric of modern-day Tokyo
- Emphasizes the human history of the city, challenging presumptions of difference between east and west

CONTENTS

Prologue; 1. Founding the shogun's capital; 2. Becoming the city of Edoites; 3. Seismic shocks; 4. Modernizing the nation's capital; 5. The politics of public space; 6. Tokyo modern: Destruction and reconstruction of the cosmopolitan city; 7. The militarized city; 8. Dreams and disappointments; 9. Global capital; 10. Past and present.

HIROSHIMA AND THE HISTORIANS

DEBATING AMERICA'S MOST
CONTROVERSIAL DECISION



KENNETH B. PYLE

June 2024

216 x 140 mm 286pp

9781009477451 Hardback

£70.00

HIROSHIMA AND THE HISTORIANS

Debating America's Most Controversial Decision

Kenneth B. Pyle

University of Washington

The decision to use atomic bombs on Hiroshima and Nagasaki has been considered the most important – and perhaps most controversial – event in twentieth-century history. It ushered in many of the major developments of our time: the end of World War II, the beginning of the atomic age, the establishment of the American world order, and the start of the Cold War arms race. Kenneth B. Pyle illuminates both the complexities of the event itself and the debates among historians that continue today, as they wrestle with the moral issues of the decision, its necessity and its alternatives. While producing no final resolution to the controversy, historians have nevertheless advanced and deepened our understanding of this event. This accessible and thought-provoking analysis is a case study in the intricate nature of the historian's craft and a reminder of the value of historians in a free society.

KEY FEATURES

- Deepens understanding of the Hiroshima decision by highlighting the complexity of circumstances
- Shows how the advance of historical knowledge is a collective enterprise
- Accessible to a wide audience and suited to classroom use

CONTENTS

Introduction; 1. The historian's craft; 2. The Hiroshima decision; 3. Participants and their first draft of history; 4. The revisionists; 5. Historians and moral judgments; 6. Military historians; 7. Gauging Japanese responsibility; 8. The wider perspective; 9. Controversy as a way of life.

Japanese
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October 2024

249pp

9781009379618 Hardback

£85.00

COLD WAR ASIA

A Visual History of Global Diplomacy

Matthew Phillips

Foreign, Commonwealth and Development Office, UK

Naoko Shimazu

University of Tokyo

This innovative, interdisciplinary and international collection of essays offers fresh perspectives on the history of global diplomacy. Experts in history, international relations, art history and performance art have come together to examine a series of visual sources relating to Asia's role in global diplomacy during the Cold War. They explore how leaders, including Indonesia's Sukarno, the Philippines' Imelda Marcos and Thailand's King Bhumibol, exploited the symbolic value of diplomacy to emphasise their agency in relationships with Great Powers. These case studies demonstrate the significance of Asian diplomacy in understanding the Cold War, shifting away from the use of 'war' as the dominant criterion for analysis of the region. Cold War Asia sheds critical light onto how culture shapes international relations, widening the lens of analysis to embed the role of gender, religion, and ethnicity, as well as the material world, into our understanding of diplomacy.

KEY FEATURES

- Uses visual sources as an innovative way to study global diplomacy
- Centres Asia as a significant place for global diplomacy during the Cold War
- An interdisciplinary collaboration between scholars of history, international relations, art history and performance art

CONTENTS

List of illustrations; List of contributors; Acknowledgements; Introduction: visual sources and diplomacy Matthew Phillips and Naoko Shimazu; 1. Reframing non-alignment: Tito, Sukarno and the 1961 Belgrade conference Dejan Djokić; 2. In the image of Imelda: the surrogate diplomacy of the First Lady Patrick Flores; 3. Meeting of the kings: the dream factory and cold war diplomacy Jirayudh Sinthuphan; 4. Conquering the world: King Bhumibol's 1960 visit to Burma on film Matthew Phillips; 5. Between style and substance: West German president Heinrich Lübke in Indonesia in 1963 Christian Goeschel; 6. A photograph with two stories: Lisa Larsen and the bandung conference of 1955 Naoko Shimazu; 7. Waxwork wars: exhibiting the Japanese surrender over half a century in Singapore Paul Rae; 8. Cosmic envoy: interkosmos and the poetics of late socialist spaceflight Gerard Sasges; 9. A diplomatic image and its afterlife: Bangkok 1967 and ASEAN's creation myth Deepak Nair; 10. Picturing power: a photographer's view Tom White; Index.



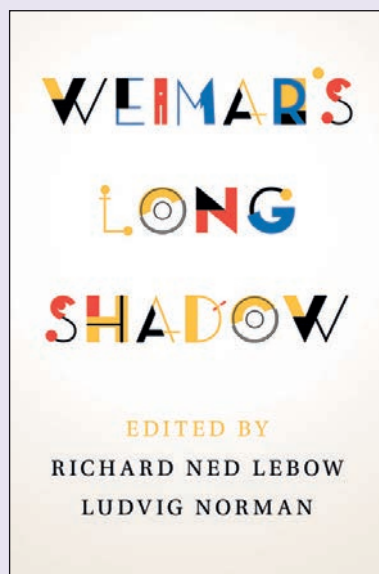
WEIMAR'S LONG SHADOW

Richard Ned Lebow

King's College London

Ludvig Norman

University of Stockholm



Weimar casts a long shadow over post-war political thought. The Weimar Republic is used to understand contemporary threats to democracy and to critique or defend modernity. It has generated a series of political lessons that are invoked whenever democracies are challenged. This book questions the historical validity of most of these lessons and their applicability to contemporary political orders. It shows how Weimar lessons are often influenced by partial and superficial readings of events, often intended to advance particular political projects. The chapters give detailed accounts of how so-called Weimar lessons have influenced, if not shaped, political debates in Germany, elsewhere in Europe, and the United States.

June 2024

229 x 152 mm 286pp

9781009484343 Hardback

£80.00

KEY FEATURES

- Develops theoretical insights into the problem of relying on historical lessons to assess democratic fragility
- Explores the role of culture, including the roots of on-going culture wars, and its relationship to modernity
- Links cultural analysis to the political analysis of democratic stability, placing contemporary debates on threats to democracy into historical perspective

CONTENTS

1. Why Weimar? Richard Ned Lebow and Ludvig Norman; 2. An unheroic but understandable failure: German social democrats and the collapse of the Weimar Republic Douglas Webber; 3. Bonn's Weimar Peter C. Caldwell; 4. The paradigmatic example of Weimar and postwar political science: the case of Otto Kirchheimer Peter Breiner; 5. Swedish social democracy and Weimar: engineering the democratic population with the Myrdals Ludvig Norman; 6. Our past, Weimar's present: democracy's defense and the inversion of an historical lesson Amel Ahmed; 7. Weimar on the Potomac? Leo Strauss goes to Washington William E. Scheuerman; 8. Shadows of Babylon and shreds of artificial silk: cultural and political legacies in the contemporary television series 'Babylon Berlin' Jill Suzanne Smith; 9. Militant democracy: a (supposed) Weimar lesson revisited Jan-Werner Müller; 10. Weimar and modernity Richard Ned Lebow and Ludvig Norman.



September 2024

228pp

9781009428408 Hardback

£85.00

THE WAR PEOPLE

A Social History of Common Soldiers during the Era of the Thirty Years War

Lucian Staiano-Daniels

Hoover Institution on War, Revolution and Peace, California

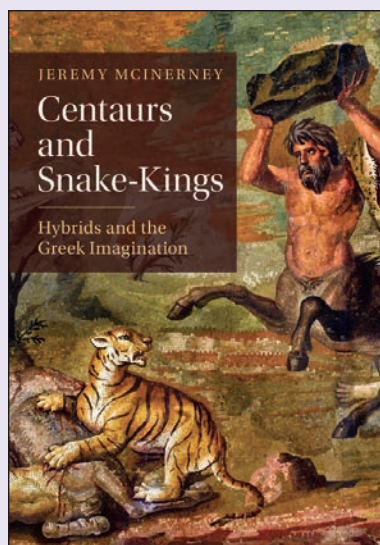
This book uses the transnational story of a single regiment to examine how ordinary soldiers, military women, and officers negotiated their lives within the chaos and uncertainty of the seventeenth century. Raised in Saxony by Wolf von Mansfeld in spring 1625 in the service of the King of Spain, the Mansfeld Regiment fought for one and a half years in northern Italy before collapsing, leaving behind a trail of dead civilians, murder, internal lawsuits... and copious amounts of paperwork. Their story reveals the intricate social world of seventeenth-century mercenaries and how this influenced how they lived and fought. Through this rich microhistorical case study, Lucian Staiano-Daniels sheds new light on key seventeenth-century developments like the military revolution and the fiscal-military state, which is supported by statistical analysis drawn from hundreds of records from the Thirty Years War. This pathbreaking book unifies the study of war and conflict with social history.

KEY FEATURES

- Uses rich archival records to tell the full story of the life of ordinary soldiers in early modern Europe
- Sets this microhistory within the wider context of early modern military and social history as well as within perennial questions of morality, ethics, and human nature
- Extends the history of violent conflict beyond the confines of military history in order to explore the moral decision-making of ordinary people who are both agents and victims of injustice

CONTENTS

List of figures; List of tables; Preface: money, dates, ranks, and measurements; Preface: the people; Acknowledgments; Introduction: the war people; 1. Display all good will and keep moving: the Mansfeld regiment and the 1625–1627 campaign Hieronymus Sebastian Schutze and Hans Devil; 2. The Italian dance: early modern Military finance and the Mansfeld regiment; 3. Righteous guys: military society; 4. The spinner-Lords of Saint Gallen: small group Cohesion and Military social networks as seen through a theft of fabric; 5. The kind of people I know you will like: social structure in the Saxon Army and the Mansfeld regiment; 6. Elizabeth Sanner and the dead men: Mansfeld interactions with their surroundings; 7. To be happy doing what you want: the death of Victoria Guarde and the life of Theodoro de Camargo Hieronymus Sebastian Schutze, Felix Steter and Wolfgang Winckelmann; 8. Making it in this thing: money and payment within Saxon regiments in the 1620s; 9. And to my son the breaking wheel: the Mansfeld regiment falls apart; Conclusion: a beautiful regiment; Bibliography; Index.



July 2024

250 x 179 mm 368pp

9781009459105 Hardback

£30.00

CENTAURS AND SNAKE-KINGS

Hybrids and the Greek Imagination

Jeremy McInerney

University of Pennsylvania

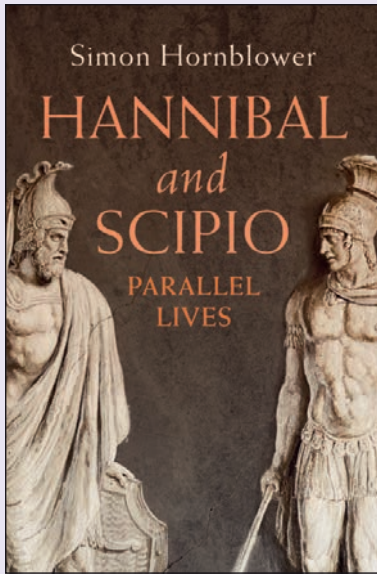
Griffins, centaurs and gorgons: the Greek imagination teems with wondrous, yet often monstrous, hybrids. Jeremy McInerney discusses how these composite creatures arise from the entanglement of humans and animals. Overlaying such enmeshment is the rich cultural exchange experienced by Greeks across the Mediterranean. Hybrids, the author reveals, capture the anxiety of cross-cultural encounter, where similarity and incongruity were conjoined. Hybridity likewise expresses instability of identity. The ancient sea, that most changeable ancient domain, was viewed as home to monsters like Skylla; while on land the centaur might be hypersexual yet also hypercivilized, like Cheiron. Medusa may be destructive, yet also alluring. Wherever conventional values or behaviours are challenged, there the hybrid gives that threat a face. This absorbing work unveils a mercurial world of shifting categories that offer an alternative to conventional certainties. Transforming disorder into images of wonder, Greek hybrids – McInerney suggests – finally suggest other ways of being human.

KEY FEATURES

- Will fascinate and delight anyone interested in the rich creaturely mythologies of ancient Greece
- Situates familiar hybrid figures (such as Pegasos, Cheiron and Medusa) in a much broader framework, going back to the Neolithic, and taking into account Greece's place in the wider eastern Mediterranean
- Additionally, places the specific study of Greek culture in areas of broad and fashionable current interest such as animal studies, transgender studies and post-humanism

CONTENTS

Preface; Acknowledgements; List of figures; 1. Introduction: encountering the sphinx; 2. 'Welcome to Athens'. Theories of hybridity; 3. Hybrids around the corrupting sea; 4. Hybrids, contact zones and margins; 5. Heads or tails: Gorgons, satyrs and other composites; 6. Centaurs and other horses; 7. Snakes and the perils of autochthony; 8. Hermaphrodites and other bodies; 9. Adynata, ethnography and paradox; 10. Conclusions; Bibliography.



September 2024

528pp

9781009453356 Hardback

£35.00

HANNIBAL AND SCIPIO

Parallel Lives

Simon Hornblower

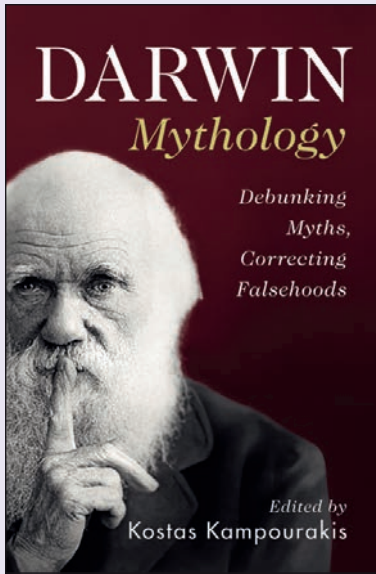
The Second Punic War between Carthage and Rome began in 218 BCE and ended in 202 with the dramatic defeat at the Battle of Zama of Carthage's commander Hannibal by his adversary, the Roman Scipio. The two men were born about a decade apart but died in the same year, 183, following brilliant but ultimately unhappy careers. In this absorbing joint biography, celebrated historian Simon Hornblower reveals how the trajectory of each general illuminates his counterpart. Their individual journeys help us comprehend the momentous historical period which they shared, and which in distinct but interconnected ways they helped to shape. Hornblower interweaves his central military and political narrative with lively treatments of high politics, religious motivations and manipulations, overseas commands, hellenisation, and his subjects' ancient and modern reception. This gripping portrait of a momentous rivalry will delight readers of biography and military history and scholars and students of antiquity alike.

KEY FEATURES

- Uses a joint biographical approach to bring to brilliant and colourful life the momentous historical period lived in and shaped by both Hannibal and Scipio
- Draws on the latest up-to-date research into military matters, religion and the tumultuous politics of the period
- Offers an enthralling and engaging narrative which all lovers of biography and of military history, as well as scholars and students, can easily enjoy

CONTENTS

Prologue; 1. Hannibal and Scipio on themselves; 2. Origins: Hannibal: 247–221 BCE, birth to age 26 years; Scipio: 235–218, birth to aged 17 years; 3. Hannibal victorious: 221–216, aged 26–31 years; 4. Scipio 216–205, aged 19–30 years; 5. Hannibal frustrated in Italy, 216–208, aged 31–39; 6. Overseas commands: freedoms and perils; 7. Politics and factions at Carthage and Rome; 8. The tipping-point: the battle at the Metaurus or Sena, 207, Hannibal aged 40; 9. Hannibal and Scipio meet and fight at last: Zama, 202, aged 45 and 33; 10. The religion of Hannibal and Scipio; 11. Scipio triumphant, 202–193, aged 33–42; 12. Hannibal as reformer at Carthage, 196, aged 51; 13. Hannibal, Scipio, and the Greek world; 14. Hannibal flees to Antiochus III; his intrigues: 195–3, aged 52–54; 15. Hannibal and Scipio as military advisers: Magnesia, 190, aged 57 and 45; 16. Hannibal and Scipio: the military comparison; 17. Hannibal's years of wandering, 190–183, aged 57–64; 18. The downfall and death of Scipio, 187–183, aged 48–52; 19. Afterlives; 20. Conclusion: parallel lives.



May 2024

235 x 158 mm 328pp

9781009375702 Hardback

£80.00

DARWIN MYTHOLOGY

Debunking Myths, Correcting Falsehoods

Kostas Kampourakis

Université de Genève

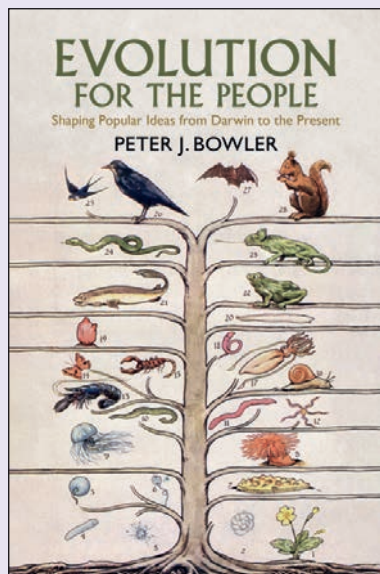
Many historical figures have their lives and works shrouded in myth, both in life and long after their deaths. Charles Darwin (1809–82) is no exception to this phenomenon and his hero-worship has become an accepted narrative. This concise, accessible and engaging collection unpacks this narrative to rehumanize Darwin's story and establish what it meant to be a 'genius' in the Victorian context. Leading Darwin scholars have come together to argue that, far from being a lonely genius in an ivory tower, Darwin had fortune, diligence and – crucially – community behind him. The aims of this essential work are twofold. First, to set the historical record straight, debunking the most pervasive myths and correcting falsehoods. Second, to provide a deeper understanding of the nature of science itself, relevant to historians, scientists and the public alike.

KEY FEATURES

- Aims to debunk myths and correct falsehoods about Charles Darwin's life and work
- Leading Darwin scholars offer new conclusions about the history and nature of science
- Accessibly written for readers across many fields including history, philosophy and the sciences

CONTENTS

Introduction: Myths and Darwin Kostas Kampourakis; 1. That myths are simple falsehoods John Heilbron; 2. That most European naturalists before Darwin did not think that species change was possible Pietro Corsi; 3. That Charles Darwin was not directly influenced by the evolutionary views of his grandfather Erasmus Patricia Fara; 4. That Darwin always rejected the argument from design in nature and developed his own theory to replace it Michael Ruse; 5. That Darwin converted to evolutionary theory during his historic Galápagos Islands visit Frank Sulloway; 6. That Darwin's Galápagos finches inspired his most important evolutionary insights Frank Sulloway; 7. That Darwin was a recluse, and a theoretician rather than a practical scientist Alison Pearn; 8. That Darwin rejected Lamarck's ideas of use and disuse and of the inheritance of acquired traits Richard W. Burkhardt; 9. That Darwin's theory was essentially complete once he came up with the idea of natural selection Alan C. Love; 10. That Darwin delayed the publication of his theory for 20 years, being afraid of the reactions it would cause John van Wyhe; 11. That Wallace's and Darwin's theories were the same, and that Darwin did not reveal Wallace's 1858 letter and theory until he ensured his own priority Michael Ruse; 12. That Huxley was Darwin's bulldog and accepted all aspects of his theory Peter Bowler; 13. That Huxley defeated Wilberforce, and ridiculed his obscurantism, in the 1860 Oxford debate John Brooke; 14. That Darwin's critics such as Owen were prejudiced and had no scientific arguments Nicolaas Rupke; 15. That natural selection can also be accurately described as the survival of the fittest David Depew; 16. That Darwin banished teleology from biology James Lennox; 17. That Darwin's success depended on undermining 'Aristotelian essentialism' James Lennox; 18. That Darwin's theory would have become more widely accepted immediately had he read Mendel's 1866 paper Gregory Radick; 19. That Darwin faced a conspiracy of silence in Lamarck's country Liv Griebine; 20. That Hitler endorsed and was influenced by Darwin's theory Robert Richards; 21. That sexual selection was Darwin's afterthought to natural selection Kimberly Hamlin; 22. That Darwin's hatred of slavery reflected his beliefs in racial equality Erik Peterson; 23. That the discovery of *Australopithecus* in 1925 belatedly confirmed Darwin's 1871 scientific prediction of African human origins Emily Kern; 24. That Darwin's theory brought an instant and immediate revolution in the life sciences Shruti Santosh and Anya Plutynski; Conclusion: What inferences about science can we draw from Charles Darwin's life and work Kostas Kampourakis.



September 2024

319pp

9781009448970 Hardback

£80.00

EVOLUTION FOR THE PEOPLE

Shaping Popular Ideas from Darwin to the Present

Peter J. Bowler

Queen's University Belfast

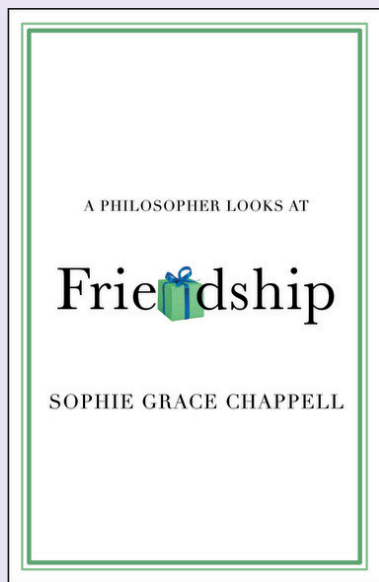
From Darwin's *The Origin of Species* to the twenty-first century, Peter Bowler reinterprets the long Darwinian Revolution by refocussing our attention on the British and American public. By applying recent historical interest in popular science to evolutionary ideas, he investigates how writers and broadcasters have presented both Darwinism and its discontents. Casting new light on how the theory's more radical aspects gradually grew in the public imagination, *Evolution for the People* extends existing studies of the popularization of evolutionism to give a more comprehensive picture of how attitudes have changed through time. In tracing changes in public perception, Bowler explores both the cultural impact and the cultural exploitation of these ideas in science, religion, social thought and literature.

KEY FEATURES

- The first comprehensive study of popular evolutionism from the 1860s to the present day
- Reassesses the impact of Darwinism on the wider public through the study of popular science
- Provides insights beyond the study of popular science relevant to cultural history, the history of religion, and the history of social thought

CONTENTS

1. Bridging the gap; 2. Before Darwin; 3. Reacting to the Origin; 4. Human ancestry; 5. Evolutionary epics; 6. Challenging Darwinism; 7. Reconfiguring the ascent of life; 8. Social evolutionism; 9. The evolutionary synthesis; 10. Toward the modern world.



July 2024

197 x 129 mm 208pp

9781009255547 Paperback

£9.99

A PHILOSOPHER LOOKS AT FRIENDSHIP

A Visual History of Global Diplomacy

Sophie Grace Chappell

The Open University, Milton Keynes

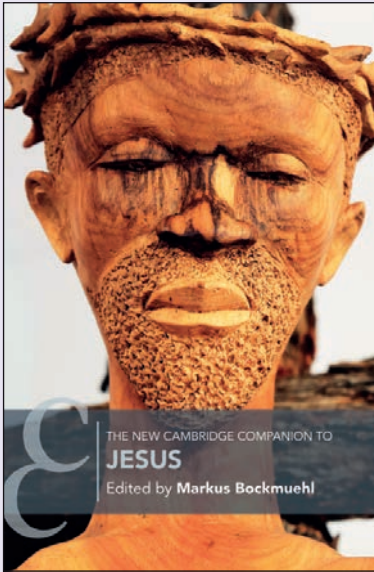
What is it to be a friend? What does the role of friend involve, and why? How do the obligations and prerogatives associated with that role follow on from it, and how might they mesh, or clash, with our other duties and privileges? Philosophy often treats friendship as something systematic, serious, and earnest, and much philosophical thought has gone into how 'friendship' can formally be defined. How indeed can friendship be good for us if it doesn't fit into a philosopher's neat, systematising theory of the good? For Sophie Grace Chappell, friendship is neither systematic nor earnest, yet is certainly one of the greatest goods of life. Drawing on well-known examples from popular culture, and examining these alongside recent philosophical, political, social, and theological debates, Chappell demystifies and redefines friendship as a highly untidy and many-sided good, and certainly also as one of the most central goods of human experience.

KEY FEATURES

- Boldly claims that philosophy has tried to be too systematic in its approach to friendship, which is a highly untidy and many-sided good, and a central facet of human experience
- Discusses 'how friendship is good for us', even if it doesn't fit into a philosopher's systematising theory of the good
- The author is one of the foremost coteremporary voices in experiential philosophy, and has a high public profile

CONTENTS

Acknowledgements; Prelude: eighteen aphorisms; 1. Three friendships, and lots of questions; 2. Philosophers of friendship: an apology; 3. Why I don't start with a formal definition of friendship; 4. Examples of friendship; 5. Beginning the natural history of friendship; 6. Deepening the natural history of friendship; 7. Being with others; 8. Lewis's Four Loves and Nygren's two; 9. Aristotle's three kinds of *Philia* and Aristotle's will; 10. Friendship, love, and second-personality; 11. Friendship as an unemphatic good; 12. Bertrand Russell and his over-emphatic 'German' friend; 13. Sensitivity to tacit knowledge; 14. Innocence; 15. Moralism; 16. Roles and spontaneity; 17. The benefits of friendship; 18. Eighteen quick questions and eighteen quick answers; Notes; References; Index.



October 2024

430pp

9781009233026 Hardback

£80.00

THE NEW CAMBRIDGE COMPANION TO JESUS

Markus Bockmuehl

University of Oxford

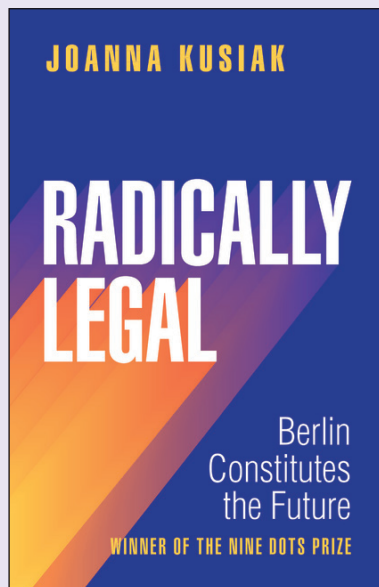
The New Cambridge Companion to Jesus serves as the most up to date guide and resource for understanding Jesus' multifaceted legacy, enduring impact over time and space, and relevance in today's world. Integrating textual, historical, theological, and cultural perspectives, the essays, specially commissioned for this volume, also offer a fresh and diverse overview of Jesus' significance in contemporary global contexts. Key features include insights into Jesus' life and teachings, his role in different religious traditions, and his influence on art, music, and global cultures. The volume also addresses contemporary issues of poverty, race, and power dynamics, making it especially relevant for today's readers. The Companion offers a diversity of perspectives from which to approach the unique identity and importance of Jesus beyond the 2020s, whether in relation to Christianity's cultural and existential crises in the Americas, its precipitous decline in Western Europe, or its unprecedented growth and proliferation in Africa and Asia.

KEY FEATURES

- Offers accessible treatments of state-of-the-art scholarship on a full range of subjects pertaining to Jesus and Christology
- Develops the study of Jesus in relation to Christianity's continuing ascendancy in the global South, and increasingly in dialogue with his reception in Islam as well as in Judaism
- Distinctively combines and integrates textual, historical, religious, theological, material and cultural dimensions of the study of Jesus

CONTENTS

Introduction; Part I. Origins: 1. Life and aims of Jesus Dale C. Allison, Jr.; 2. Jesus's religion, praxis and experience of God Volker Leppin; 3. Jesus in the fourfold gospel J. Tyler Brown and Nathan Eubank; 4. Paul's Jesus as the Christ Matthew Novenson; 5. The risen Jesus Markus Bockmuehl; 6. Jesus and the triune God Lewis Ayres; 7. Jesus in the scriptures of Israel Jennie Grillo; Part II. The Diversity of Reception: 8. The apocryphal Jesus Jacob A. Rodriguez; 9. The Islamic Jesus Nicolai Sinai; 10. Jesus in Christian material culture Jeremiah Coogan; 11. Jesus in art and music Robin Jensen and Jeremy Begbie; 12. Jesus in the story of spirituality and worship Volker Leppin; Part III. Ethics, Theology and Critical Scholarship: 13. Jesus in Christian discipleship and ethics Rebekah Eklund; 14. The body of Jesus in his people Thomas Joseph White, OP; 15. The Church's Jesus in modern theology Emmanuel Durand, OP; 16. The history of Jesus in biblical scholarship James Carleton Paget; IV. The Global Jesus Today: 17. The Jewish Jesus, in Christian and in Jewish memory Barbara U. Meyer; 18. The racial Jesus Jonathan Tran; 19. Jesus, power and the global poor Carlos Raúl Sosa Siliezar and Aruthuckal Varughese John; 20. The Asian faces of Jesus K. K. Yeo; 21. Jesus of Africa Diane B. Stinton and Victor I. Ezigbo; Part V. Outlook: 22. The future of Jesus of Nazareth: Yesterday, today, and tomorrow C. Kavin Rowe.



June 2024

216 x 140 mm 202pp

9781009516938 Hardback

£40.00

RADICALLY LEGAL

Berlin Constitutes the Future

Joanna Kusiak

University of Cambridge

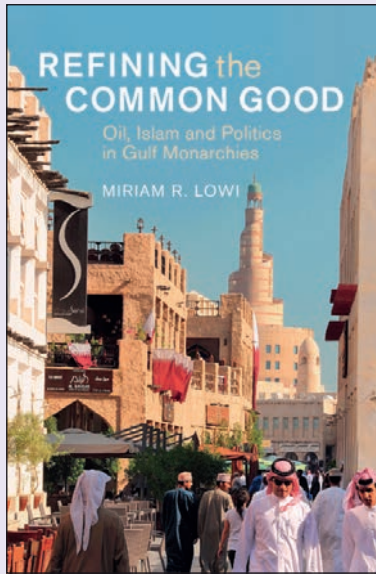
Right in the middle of the German constitution, a group of ordinary citizens discovers a forgotten clause that allows them to take 240,000 homes back from multi-billion corporations. In this work of creative non-fiction, scholar-activist and Nine Dots Prize winner Joanna Kusiak tells the story of a grassroots movement that convinced a million Berliners to pop the speculative housing bubble. She offers a vision of urban housing as democratically held commons, legally managed by a radically new institutional model that works through democratic conflicts. Moving between interdisciplinary analysis and her own personal story, Kusiak connects the dots between the past and the present, the local and the global, and shows the potential of radically legal politics as a means of strengthening our democracies and reviving the rule of law. This title is also available as Open Access on Cambridge Core.

KEY FEATURES

- Combines personal reflections and academic scholarship to create an engaging and accessible critique of legal theory as well as the DWE movement
- Takes a balanced view of the issue of housing, and how law is used for the benefit of society
- Looks at how housing policy and finance in cities around the world have worked to the benefit of corporations rather than citizens
- This title is also available as Open Access on Cambridge Core

CONTENTS

1. Taking the Tram Home: Prelude to Change; 2. We Are All Staying Put: Property and Freedom; 3. Berlin Becomes a High Risk Capital: The Law and the Movement; 4. Who Constitutes Power?: Checks and Balances; 5. Berlin Is the Greatest Extravaganza: Sexy and Solidaristic; 6. The Rule of Law Is Having a Midlife Crisis: Shadow and Difference; 7. Before the Law: Franz Kafka feat. DWE.



September 2024

272pp

9781009463317 Hardback

£85.00

REFINING THE COMMON GOOD

Oil, Islam and Politics in Gulf Monarchies

Miriam R. Lowi

The College of New Jersey

How has Islam as a set of beliefs and practices shaped the allocation of oil revenues in Arab Gulf monarchies? In turn, how has oil wealth impacted the role of Islamic doctrine in politics? *Refining the Common Good* explores the relationship between Islamic norms and the circulation of oil wealth in Gulf monarchies. The study demonstrates how both oil (revenues) and Islam (as doctrine) are manipulated as tools of state power, and how religious norms are refined for the sake of achieving narrow secular interests. Miriam R. Lowi examines different institutionalized practices financed by hydrocarbon revenues and sanctioned, either implicitly or explicitly, by Islam, and uses evidence from Kuwait, Qatar, Oman and Saudi Arabia to show how these practices are infused with political purpose. The dynamic relationship between oil wealth and Islamic doctrine is exploited to contribute to the management and control of society, and the consolidation of dynastic autocracy.

KEY FEATURES

- Explores the development of politics and statecraft in the Arab Gulf monarchies, focusing on oil and Islam as the region's two principal resources
- Analyzes extensive interview material from a broad cross-section of Gulf society, alongside further methods of data gathering
- Provides insights into the various institutionalized practices harnessed by ruling elites in the Arab Gulf monarchies

CONTENTS

1. Oil and Islam in the Gulf; 2. Islamic norms, interpretations, applications; 3. The state and the political economy of distribution; 4. Society responds; 5. Imported labor: building/appeasing the nation; 6. Charity as politics 'writ small'; 7. Islamic banking and finance: a political economy of accumulation; 8. Reflections on Islam and politics in the oil era.



September 2024

365pp

9781009484084 Hardback

£100.00

THE KING CAN DO NO WRONG

Blame Games and Power Sharing in Authoritarian Regimes

Scott Williamson

University of Oxford

Why are some autocrats more effective than others at retaining popular support even when their governments perform poorly? To develop insights into popular politics and governance across authoritarian regimes, this book stresses the importance of understanding autocratic blame games. Scott Williamson argues that how autocrats share power affects their ability to shift blame, so that they are less vulnerable to the public's grievances when they delegate decision-making powers to other political elites. He shows that this benefit of power-sharing influences when autocrats limit their control over decision-making, how much they repress, and whether their regimes provide accountability. He also argues that ruling monarchs are particularly well positioned among autocrats to protect their reputations by sharing power, which contributes to their surprising durability in the modern world. Drawing on extensive fieldwork in Jordan and cross-national analysis of autocracies, the book illustrates the important role of blame in the politics of authoritarian regimes.

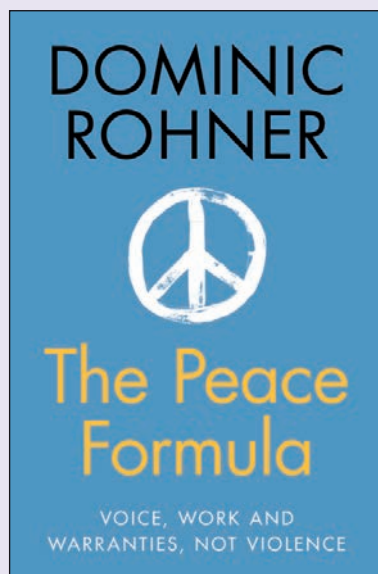
KEY FEATURES

- Questions why modern ruling monarchies have so often been stable, despite existing in a democratic age.
- Draws on data from multiple countries as well as featuring a detailed case study of Jordan.
- Combines qualitative and quantitative research methods, leveraging the strengths of both approaches.

CONTENTS

Introduction; 2. A theory of power-sharing and attributions under authoritarian rule; 3. Cross-national evidence on power-sharing and attributions in autocracies; 4. The Jordanian monarchy's strategic blame games; 5. How Jordanians attribute responsibility; 6. Power-sharing and attributions across Jordan's modern history; 7. How Jordan's blame games influence governance; 8. The royal advantage in power-sharing and blame shifting; 9. Power-sharing, blame, and the collapse of royal regimes; 10. Conclusion; Bibliography





August 2024

235 x 160 mm 248pp

9781009438315 Hardback

£30.00

THE PEACE FORMULA

Voice, Work and Warranties, Not Violence

Dominic Rohner

Université de Lausanne, Switzerland

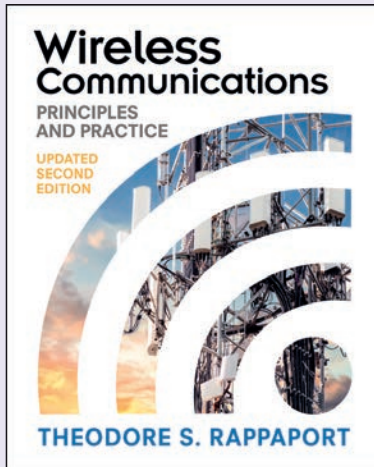
Economic forces play a major role in the outbreak and perpetuation of violence, but they also hold the key for positive change. Using a non-technical and accessible style, *The Peace Formula* attacks a series of misconceptions about how economics has been used to foster peace. In place of these misconceptions, this book draws on rich historical anecdotes and cutting-edge academic evidence to outline the 'peace formula' – a set of key policies that are crucial ingredients for curbing armed conflict and achieving transition to lasting peace and prosperity. These policies include providing jobs (work), democratic participation (voice), and guaranteeing the security and basic functions of the state (warranties). Investigating specific political institutions and economic policies, this book provides the first easily accessible synthesis of this work and explains how 'smart idealism' can help us get the incentives of our leaders right. The stakes could hardly be higher.

KEY FEATURES

- Provides an evidence-based account of classic policy mistakes that – instead of fostering peace – have backfired time and time again
- Documents why politicians tend to commit policy mistakes – thereby jeopardizing sustainable peace – and what we all can do to prevent this
- Provides a synthesis of which policies “work” for fostering peace based on dozens and dozens of academic studies

CONTENTS

Acknowledgements; Part I. Apocalypse No! Why We Should Care: 1. Smart Idealism and the Peace Formula: Introduction; 2. Loss of Lives, Livelihoods and Love: Wars Are Not Good Business; 3. Vicious Cycles of Conflict – Why Wars Today Threaten Our Future; Part II. The Logic of Evil: Why Wars Occur: 4. Poverty, Populations and Petrol: Why Do People Fight?; 5. The Killer in the Boardroom: How Fighting is Funded; Part III. Give Peace a Chance! Getting Incentives Right: 6. Power to the People: Inclusive Democracy and Power-Sharing; 7. State Capacity for Stability; 8. Plenty Makes Peace: Education, Health and Labor Market Policies; 9. Forgiving not Fighting: Fostering Trust and Reconciliation; 10. A Role For All Of Us? Smart Idealism, Global Public Opinion and International Support for Peace; 11. Global Coordination to Curb Conflict; Part IV. The Art of Peace: Take Home Messages: 12. Conclusion; References; Index.



February 2024

245 x 200 mm 732pp
9781009489836 Hardback
£94.99

WIRELESS COMMUNICATIONS

Principles and Practice
Second Edition

Theodore S. Rappaport
New York University

Now reissued by Cambridge University Press, the updated second edition of this definitive textbook provides an unrivaled introduction to the theoretical and practical fundamentals of wireless communications. Key technical concepts are developed from first principles, and demonstrated to students using over 50 carefully curated worked examples. Over 200 end-of-chapter problems, based on real-world industry scenarios, help cement student understanding. The book provides a thorough coverage of foundational wireless technologies, including wireless local area networks (WLAN), 3G systems, and Bluetooth along with refreshed summaries of recent cellular standards leading to 4G and 5G, insights into the new areas of mobile satellite communications and fixed wireless access, and extra homework problems. Supported online by a solutions manual and lecture slides for instructors, this is the ideal foundation for senior undergraduate and graduate courses in wireless communications.

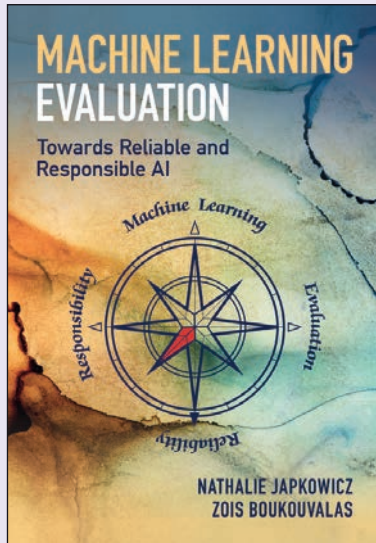
KEY FEATURES

- Uses real-world examples to demonstrate how technical concepts are applied to create wireless systems and products
- Enables students to study more complex issues affecting radio propagation and antennas including radio transmission, reception and fading in the channel
- Now reissued to include several corrections to the original 2nd edition
- Includes refreshed summaries of recent cellular standards leading to 4G and 5G, insights into the new areas of mobile satellite communications and fixed wireless access, and extra homework problems

CONTENTS

Preface; 1. Introduction to wireless communication systems; 2. Modern wireless communication systems; 3. The cellular concept-system design fundamentals; 4. Mobile radio propagation: large-scale path loss; 5. Mobile radio propagation: small-scale fading and multipath; 6. Modulation techniques for mobile radio; 7. Equalization, diversity, and channel coding; 8. Speech coding; 9. Multiple access techniques for wireless communications; 10. Wireless networking; 11. Wireless systems and standards: Appendix A. Trunking theory; Appendix B. Noise figure calculations for link budgets; Appendix C. Rate variance relationships for shape factor theory; Appendix D. Approximate spatial autocovariance function for shape factor theory; Appendix E. Gaussian approximations for spread spectrum CDMA; Appendix F. Q, erf & erfc functions; Appendix G. Mathematical tables, functions, and transforms; Appendix H. Abbreviations and acronyms, Appendix I. References; Index.

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September 2024

420pp

9781316518861 Hardback

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MACHINE LEARNING EVALUATION

Towards Reliable and Responsible AI

Nathalie Japkowicz

American University, Washington DC

Zois Boukouvalas

American University, Washington DC

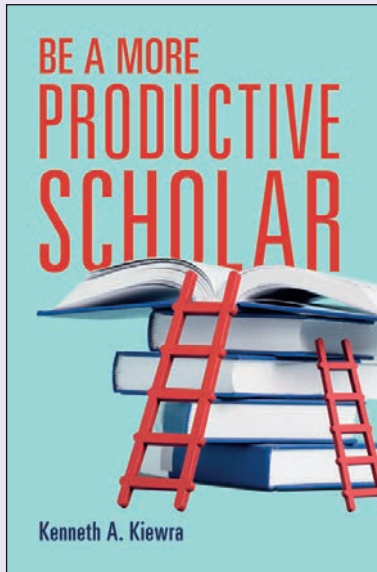
As machine learning applications gain widespread adoption and integration in a variety of applications, including safety and mission-critical systems, the need for robust evaluation methods grows more urgent. This book compiles scattered information on the topic from research papers and blogs to provide a centralized resource that is accessible to students, practitioners, and researchers across the sciences. The book examines meaningful metrics for diverse types of learning paradigms and applications, unbiased estimation methods, rigorous statistical analysis, fair training sets, and meaningful explainability, all of which are essential to building robust and reliable machine learning products. In addition to standard classification, the book discusses unsupervised learning, regression, image segmentation, and anomaly detection. The book also covers topics such as industry-strength evaluation, fairness, and responsible AI. Implementations using Python and scikit-learn are available on the book's website.

KEY FEATURES

- Illustrates all methods using Python and sklearn, allowing readers to reuse code in their own studies
- Covers evaluation methods for a wide range of learning paradigms, providing readers with specific discussions of their approach of interest
- Goes beyond experimental science, covering topics related to industry and ethics

CONTENTS

Part I. Preliminary Considerations: 1. Introduction; 2. Statistics overview; 3. Machine learning preliminaries; 4. Traditional machine learning evaluation; Part II. Evaluation for Classification: 5. Metrics; 6. Re-sampling; 7. Statistical analysis; Part III. Evaluation for Other Settings: 8. Supervised settings other than simple classification; 9. Unsupervised learning; Part IV. Evaluation from a Practical Perspective: 10. Industrial-strength evaluation; 11. Responsible machine learning; 12. Conclusion; Appendices: A. Statistical tables; B. Advanced topics in classification metrics; References; Index.



April 2024

235 x 159 mm 262pp

9781009342520 Hardback

£70.00

BE A MORE PRODUCTIVE SCHOLAR

Kenneth A. Kiewra

University of Nebraska, Lincoln

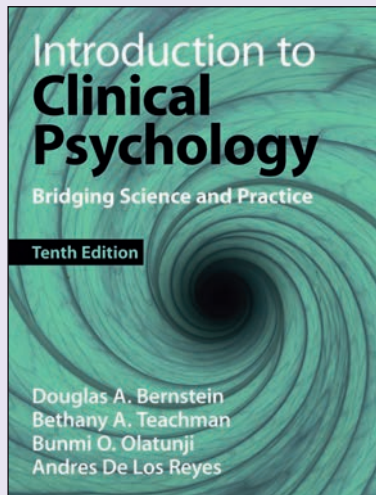
Some scholars are highly productive. They break new ground and do it again and again. Their names and ideas are ubiquitous in scientific journals and scholarly books. They scoff at 'publish or perish.' To them, it's 'publish and flourish.' But how are they so productive, publishing hundreds of powerful works over their careers? Most graduate students, junior faculty, and even senior faculty have no idea. The methods of the productive are rarely taught and remain a hidden-curriculum. Kenneth A. Kiewra interviewed dozens of productive scholars to uncover the hidden curriculum of scholarly success. *Be a More Productive Scholar* now reveals those productivity stories and methods by dispensing more than 100 pointers for enhancing professional development and boosting scholarly productivity. Graduate students to seasoned scholars can benefit from this career-guiding advice.

KEY FEATURES

- Provides specific guidance and over 100 tips for becoming a more productive scholar
- Offers a research-based approach to improving scholarly productivity stemming from experiences and work habits of highly productive scholars
- Written in a clear and engaging style for a wide audience, from graduate students to seasoned scholars

CONTENTS

Introduction; 1. You can do it; 2. Get solid training; 3. Find your path; 4. Forge an identifiable research program; 5. Use productive research approaches; 6. Leverage student mentoring; 7. Write like a star; 8. Handle the review process; 9. Manage time and life; 10. Seek and lend support; 11. Climb down from the tower; Conclusion; Appendix.



September 2024
650pp
9781009379304 Hardback
£115

INTRODUCTION TO CLINICAL PSYCHOLOGY

Bridging Science and Practice
Tenth Edition

Douglas A. Bernstein
University of South Florida

Bethany A. Teachman
University of Virginia

Bunmi O. Olatunji,
Vanderbilt University

Andres De Los Reyes,
University of Maryland

Scott O. Lilienfeld

Fully updated and revised, the tenth edition of this bestselling textbook introduces clinical psychology as a bridge between science and practice. Featuring over 1000 new references, the revised text includes additional coverage of digital mental health, diversity, and identity, and the practice of evidence-based clinical science. Coverage of such topics as emerging models for clinical training and accreditation, new approaches to diagnosing and classifying mental illness, and changes in healthcare legislation ensure that students will understand the very latest trends in the subject. The pedagogical focus of previous editions is maintained. 'Thinking Scientifically' sections in each chapter break down how to evaluate conflicting findings and use them to draw conclusions, while clinical vignettes bring concepts and theories to life. 'In Review' tables at the end of each major section prompt students to review material and test their comprehension. The text is accompanied by a full suite of online teaching supports.

KEY FEATURES

- Thoroughly updated, with over 1000 new reference
- Spotlights on a diverse range of current and recent clinical psychologists
- Emphasizes working with clients with diverse backgrounds and identities
- Focuses on how clinical theories and data are translated into clinical practice innovations

CONTENTS

Preface; Significant dates and events in the history of clinical psychology; 1. What is clinical psychology?; 2. Clinical psychology's past, present, and future; 3. Basic features of clinical assessment, classification, and diagnosis; 4. Interviewing and observation in clinical psychology; 5. Testing in clinical psychology; 6. Basic features of clinical interventions; 7. Research on clinical interventions; 8. Psychoanalytic, psychodynamic, and humanistic psychotherapies; 9. Cognitive, behavioral, and acceptance-based psychotherapies; 10. Delivering mental health services; 11. Clinical psychology for youth and older adults; 12. Clinical psychology, health, and well-being; 13. Clinical neuropsychology; 14. Forensic psychology; 15. Training and practice issues in clinical psychology; Glossary; Answer key; References; Name index; Subject index.

Previous editions
sold in Croatian,
Greek, Korean,
Macedonian and
Turkish.



April 2024

229 x 152 mm 194pp

9781009214407 Hardback

£80.00

THE PSYCHOLOGY OF MISINFORMATION

Jon Roozenbeek

University of Cambridge

Sander van der Linden,

University of Cambridge

King Charles III is Dracula's distant cousin. Governments are hiding information about UFOs. COVID-19 came from outer space. These sound like absurd statements, but some are true, and others are misinformation. But what exactly is misinformation? Who believes and spreads things that aren't true, and why? What solutions do we have available, and how well do they work? This book answers all these questions and more. Tackling the science of misinformation from its evolutionary origins to its role in the internet era, this book translates rigorous research on misleading information into a comprehensive and jargon-free explanation. Whether you are a student, researcher, policymaker, or changemaker, you will discover an easy-to-read analysis on human belief in today's world and expert advice on how to prevent deception.

KEY FEATURES

- Identifies the most important lessons learned from the last decade of research, when the topic of misinformation exploded in popularity
- Translates rigorous research on misinformation into a comprehensive and jargon-free overview with humorous examples
- Includes insights from psychology, political science, computer science, and history
- Maps out the history, present, and future of misinformation and how to counter it

CONTENTS

Prologue; Part I. Setting The Stage: 1. Defining misinformation; 2. A history of misinformation; 3. Do we have a misinformation problem; Part II. Misinformation Belief and Spread: 4. Why do people believe and share misinformation; 5. Echo chambers and filter bubbles; Part III. Countering Misinformation: 6. Laws and regulation; 7. Interventions to combat misinformation; 8. Reflecting on our own program of research.

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UNDERSTANDING

HUMAN
DIVERSITY

JONATHAN MARKS

July 2024

178 x 127 mm 150pp

9781009534307 Paperback

£14.99

UNDERSTANDING HUMAN
DIVERSITY

Jonathan Marks

University of North Carolina, Charlotte

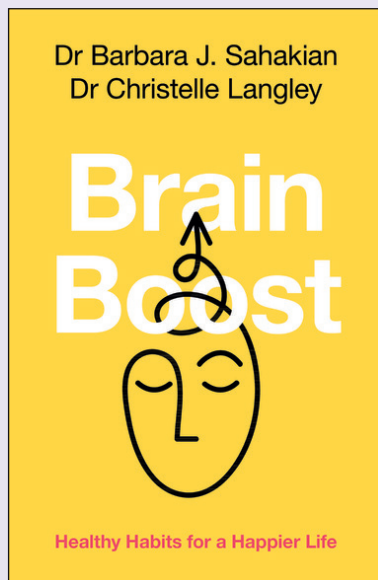
No two people are the same, and no two groups of people are the same. But what kinds of differences are there, and what do they mean? What does our DNA say about race, gender, equality, or ancestry? Drawing on the latest discoveries in anthropology and human genetics, *Understanding Human Diversity* looks at scientific realities and pseudoscientific myths about the patterns of diversity in our species, challenging common misconceptions about genetics, race, and evolution and their role in shaping human life today. By examining nine counterexamples drawn from popular scientific ideas, that is to say, examinations of what we are not, this book leads the reader to an appreciation of what we are. We are hybrids with often inseparable natural and cultural aspects, formed of natural and cultural histories, and evolved from remote ape and recent human ancestors. This book is a must for anyone curious about human genetics, human evolution, and human diversity.

KEY FEATURES

- Challenges common misconceptions about genetics, race and evolution, and their role in shaping human life today
- Analyses empirical, real patterns of human variation and contrasts them against popular unscientific and false assertions about human differences
- Provides historical bio-political perspective situating the science in its relevant philosophical and social contexts

CONTENTS

1. DNA is not our deep inner core; 2. Our fate is not in our genes; 3. We are not 98% chimpanzee; 4. Human variation is not race; 5. Political and economic inequality is not the result of genetics; 6. Human kinship transcends genetics; 7. Men and women are both from Earth; 8. You are not 2% interestingly exotic; 9. We can't breed a better kind of person; 10. Conclusions; Summary of common misunderstandings; References; Figure credits; Index.



January 2025

176pp

9781009548434 Paperback

£14.99

BRAIN BOOST

Healthy Habits for a Happier Life

Barbara J. Sahakian

University of Cambridge

Christelle Langley

University of Cambridge

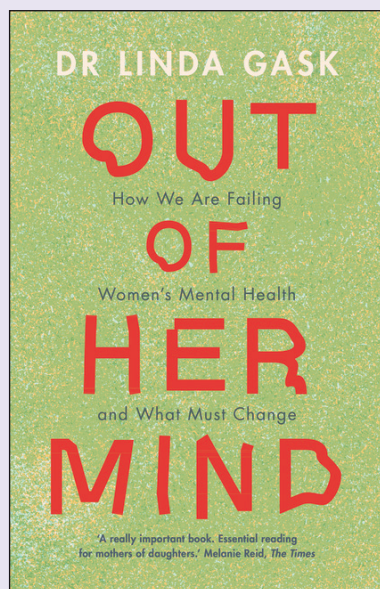
Your mental health is as important as your physical health and, in times of stress, it's vital to have enhanced cognition and reserves of resilience. This book is packed with practical tips, based on scientific evidence, that will teach you how to implement lifestyle strategies that will improve your brain health, cognition, and overall wellbeing. Covering the benefits of exercise, diet, sleep, social interactions, kindness, mindfulness, and learning, you will discover how adopting habits to improve these areas of your life at an early age will lead to a longer, healthier life. Embracing these simple strategies to prioritise your brain health and wellbeing is essential for a fulfilling life, with lifestyle choices playing a significant role in promoting resilience, creativity, and overall quality of life across all ages. For anyone seeking to lead a fulfilling life through happiness, health, and personal growth, this is the book for you.

KEY FEATURES

- By creating good lifestyle habits, everyone can live a fuller life. While many focus their attention on their physical health throughout their life, they rarely consider improving their brain health which is every bit as important. This book presents clear guidance about how everyone can improve their cognition, resilience and wellbeing
- Provides evidence-based lifestyle factors that promote good brain health, cognition and wellbeing to be adopted early in life and to be maintained throughout, promoting a healthier, longer and happier life
- Features information from authors who are expert in psychology, psychiatry and neuroscience, helping readers to reduce stress and live an enriched and fuller life

CONTENTS

Introduction; 1. The importance of exercise; 2. Eating for health and wellbeing; 3. Why do we need sleep; 4. Why is social interaction so important?; 5. Social kindness and helping others: giving and volunteering; 6. Mindfulness and enjoying the moment; 7. Keeping your brain fit through learning; 8. Don'ts: what not to do; 9. Experience the benefits of work; 10. Now it's your time to boost your brain.



October 2024

312pp

9781009382465 Hardback

£20

OUT OF HER MIND

How We Are Failing Women's Mental Health and What Must Change

Linda Gask

University of Manchester

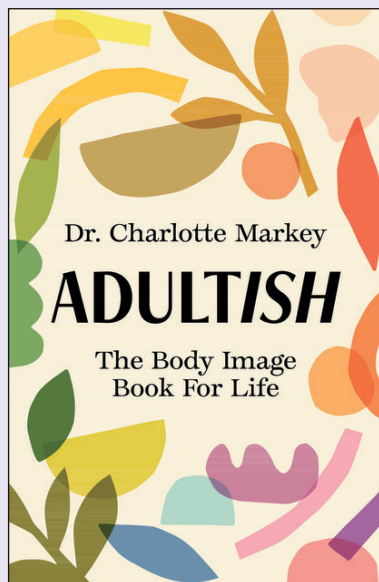
For centuries so called 'difficult women' have been labelled as 'hysterical' and 'out of their minds'. Today they wait longer for health diagnoses, often being told it's 'all in their heads'. Although healthcare systems are overburdened, why are women the first to feel the effects of this? Why is it so hard for women to find the kind of help they need? Why is no one listening to them? And why have so many lost faith in mental healthcare? Drawing on the lived experiences of women, alongside expert commentators, recent history, current events, and her own personal and professional experience, Dr Linda Gask explores women's mental healthcare today. In doing so she confronts her role as a psychiatrist, recalling experiences treating women and as a woman who has received mental healthcare, illustrating the dire need for more change, faster. Women can't all be out of their minds.

KEY FEATURES

- Grounded in the real-life experiences of women with whom readers will be able to identify
- Provides an informed, referenced, and balanced overview of what is happening to women's mental health and what must change
- Written in an accessible, engaging, and readable style that includes reference to recent history, and literature as well as dealing with the complexity of mental health and illness
- Each chapter concludes with a section on 'What must change?' which not only identifies the key problems facing women but suggests ways that changes can be achieved

CONTENTS

Introduction: Are We Out of Our Minds?; 1. Growing up a Girl; 2. Family Life; 3. The Art of Starvation; 4. The Costs of Fertility; 5. Women's Work; 6. Unheard, Ignored, Entrapped?; 7. Where Gender, Sex and Mental Health Collide; 8. Survivors of Male Violence; 9. Locked Away; 10. Borderline; 11. Failed by Mental Health Care; 12. Written Off Too Soon; Conclusion; Acknowledgements; Notes; Index.



September 2024

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ADULTISH

The Body Image Book for Life

Charlotte Markey

Rutgers University, New Jersey

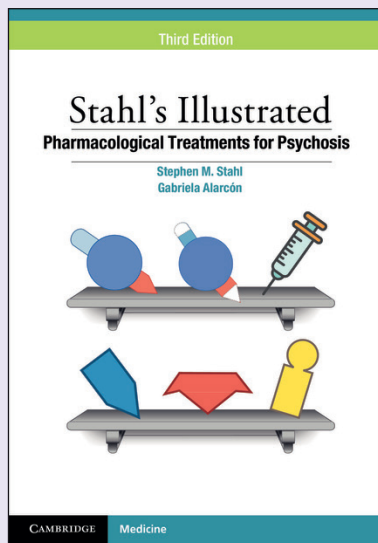
Discover the ultimate guide to taking on adulthood with body confidence. In a world where body satisfaction plummets during adolescence, and a global pandemic and social media frenzy have created extra pressure, *Adultish* is a survival kit for young adults. This all-inclusive book provides evidence-based information on everything from social media and sex to mental health and nutrition. Packed with valuable features like Q&As, myth-busting, real-life stories, and expert advice, it is a go-to source for discovering the importance of self-acceptance and embarking on a journey towards loving the skin you're in.

KEY FEATURES

- Chapters include relatable and inspiring personal stories from real people that bring topics to life
- Q&A and myth-busting sections in each chapter provide easily accessible answers to common questions
- Based on scientific research, it offers evidence-based, reliable information at a time where there is so much misinformation about body image and other related issues like nutrition, eating disorders and mental health

CONTENTS

1. What is body image?; 2. Love yourself; 3. Nourish your body; 4. Cancel diet culture; 5. Intuitive eating; 6. Eating disorders; 7. Mental health; 8. Image influencers; 9. 'Self-improvement'; 10. Relationships; 11. Be active; 12. Physical health; 13. Self-care; 14. Change the world.



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STAHL'S ILLUSTRATED PHARMACOLOGICAL TREATMENTS FOR PSYCHOSIS

Third Edition

Stephen M. Stahl

University of California, San Diego

Gabriela Alarcón

Neuroscience Education Institute, Carlsbad

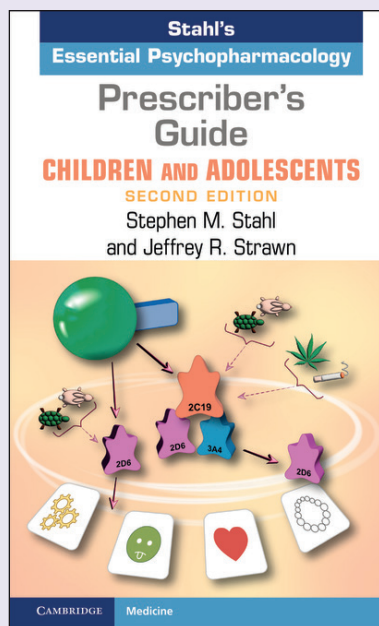
The new edition of 'Stahl's Illustrated Pharmacological Treatments for Psychosis' (previously entitled 'Stahl's Illustrated Antipsychotics') provides the essential practical support required by anyone treating people with psychosis in the field of mental health. Incorporating information on the newest indications, formulations, recommendations, and safety data, all presented in a clear concise manner alongside informative and easy-to-understand illustrations. 'Stahl's Illustrated Pharmacological Treatments for Psychosis 3e' is a concise guide, with all concepts illustrated by full-color figures and tables, that will be familiar to readers of 'Stahl's Essential Psychopharmacology' and the 'Prescriber's Guide'. The visual learner will find that this book makes psychopharmacological concepts easier to master, and the non-visual learner will enjoy this book's short explanations of complex psychopharmacological concepts. Each chapter builds upon previous ones, synthesizing information about basic biology, diagnostics, treatment plans, complications, and comorbidities. This book is the essential guide for mental health providers caring for psychiatric patients.

KEY FEATURES

- Part of a series of highly illustrated atlases that are easily carried; each book addresses a specific topic in psychopharmacology
- The user-friendly series is supplemented with complementary tables and algorithms that provide clinical strategies as well as educational objectives and questions for the reader
- Featuring valuable Tips and Pearls in a quick reference format and pocket-sized to ensure portability

CONTENTS

Preface; CME/CE Information; Introduction; 1. Schizophrenia as the Prototypical Psychotic Disorder; 2. Three Neurotransmitter Networks Linked to Psychosis; 3. From Circuits to Mechanisms of Treatments for Psychosis and Side Effects; 4. Pharmacological Properties of Selected Dopamine Receptor Blocking Agents; 5. Switching Strategies and Converting to Long-Acting Injectables; 6. Future Treatments; Summary; References.



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Stahl's Essential Psychopharmacology
Second Edition

Stephen M. Stahl

University of California, San Diego

Jeffrey R. Strawn,

University of Cincinnati, Ohio

This extensively revised second edition provides a user-friendly step-by-step manual on the range of psychotropic medications prescribed for children and adolescents by clinicians and nurse practitioners. Boasting nearly double the medications of the first edition, it features new sections related to pharmacokinetics and pharmacogenetics in children and adolescents alongside algorithms for addressing frequently encountered disorders such as anxiety, depression, bipolar disorder, ADHD, and OCD. Based on the best-seller, Stahl's Prescriber's Guide, and using a full-color template-driven navigation system, it combines evidence-based data with clinically informed guidance to support prescribers in the field. Each drug is presented in the same classic design format with illustrated guidance on dosing, titration, and pharmacogenetics/metabolism. Color-coded sections distinguish clearly the information presented on therapeutics, safety and tolerability, dosing and use, what to expect, and the art of psychopharmacology, and are followed by updated and new key references. A must-have guide for all mental health professionals.

KEY FEATURES

- Provides the most complete and up-to-date summary of the practical use of psychotropic drugs in children and adolescents, written with the authority of evidence and the guidance of clinical wisdom
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- Presented in a template format, fully indexed, and cross-referenced for ease of navigation

CONTENTS

Introduction; List of icons; 1. Alprazolam; 2. Amphetamine (d); 3. Amphetamine (d,l); 4. Amitriptyline; 5. Aripiprazole; 6. Asenapine; 7. Atomoxetine; 8. Brexpiprazole; 9. Bupropion; 10. Buspirone; 11. Carbamazepine; 12. Chlorpromazine; 13. Citalopram; 14. Clomipramine; 15. Clonazepam; 16. Clonidine; 17. Clozapine; 18. Cyproheptadine; 19. Desmopressin; 20. Desvenlafaxine; 21. Diazepam; 22. Diphenhydramine; 23. Doxylamine; 24. Duloxetine; 25. Escitalopram; 26. Esketamine; 27. Fluoxetine; 28. Fluphenazine; 29. Fluvoxamine; 30. Gabapentin; 31. Guanfacine; 32. Haloperidol; 33. Hydroxyzine; 34. Lamotrigine; 35. Lisdexamfetamine; 36. Lithium; 37. Lorazepam; 38. Lurasidone; 39. methylphenidate (d); 40. methylphenidate (d,l); 41. Mirtazapine; 42. Olanzapine; 43. Oxcarbazepine; 44. Paliperidone; 45. Paroxetine; 46. Pimozide; 47. Prazosin; 48. Quetiapine; 49. Risperidone; 50. Serdexmethylphenidate; 51. Sertraline; 52. Topiramate; 53. Trazodone; 54. Valproate; 55. Venlafaxine; 56. Vilazodone; 57. Viloxazine; 58. Vortioxetine; 59. Zolpidem; Appendix; Index by drug name; Index by drug use; Index by drug class; Abbreviations.

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